



Simons Electron Microscopy Center

Challenges in biological EM
Support films & Sample prep

2020 Winter EM Course

25 Min lecture + 45 min practical
Jan 08, 2020

Course logistics: main website

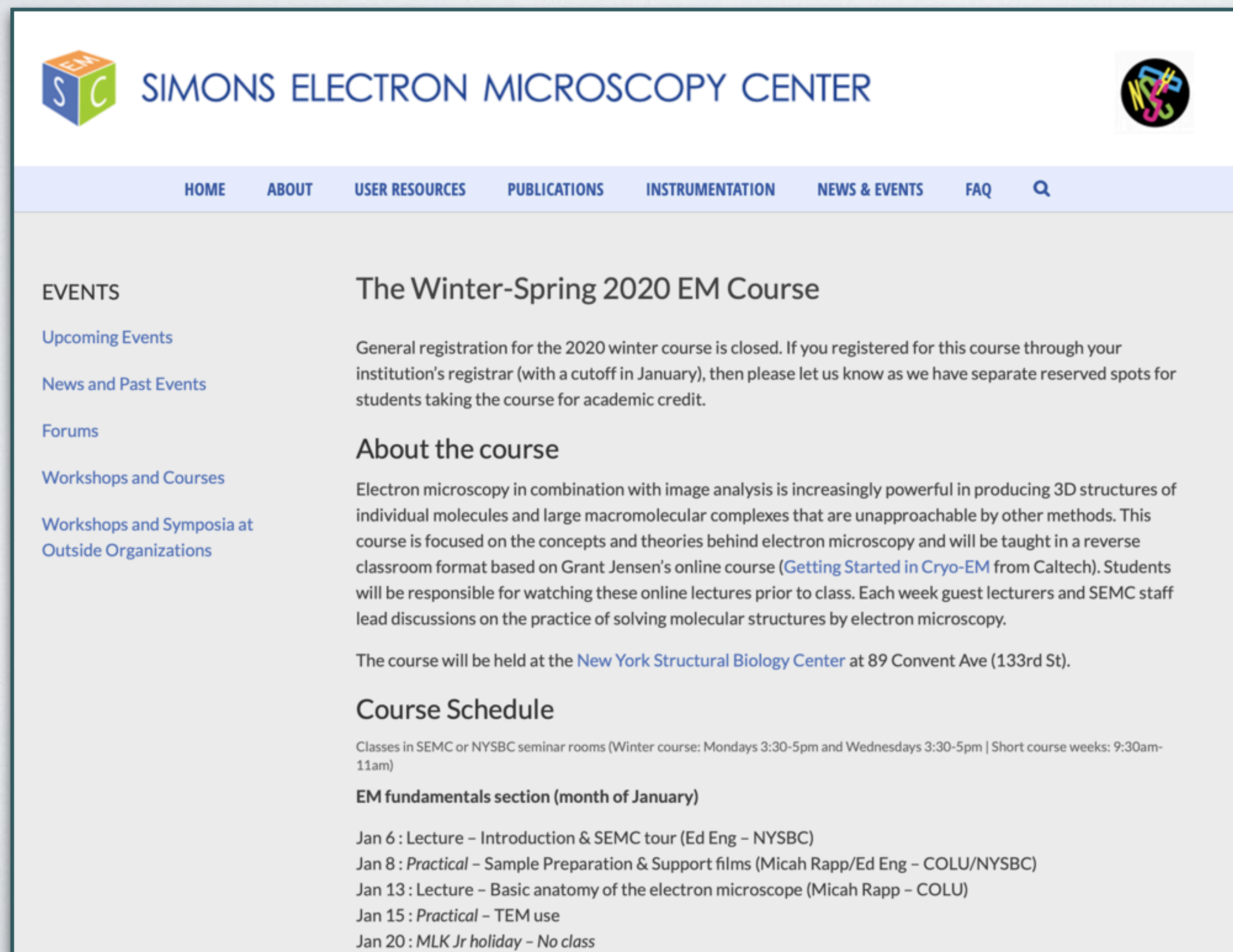
semc.nysbc.org/the-winter-spring-2020-em-course/



15th year of the course

Course logistics: main website

semc.nysbc.org/the-winter-spring-2020-em-course/



The screenshot shows the website for the SIMONS ELECTRON MICROSCOPY CENTER. The header includes the center's name and a logo. A navigation bar contains links for HOME, ABOUT, USER RESOURCES, PUBLICATIONS, INSTRUMENTATION, NEWS & EVENTS, and FAQ. The main content area is titled 'The Winter-Spring 2020 EM Course' and contains information about registration, course details, and the schedule. A sidebar on the left lists various events and resources.

SIMONS ELECTRON MICROSCOPY CENTER

HOME ABOUT USER RESOURCES PUBLICATIONS INSTRUMENTATION NEWS & EVENTS FAQ

EVENTS

- Upcoming Events
- News and Past Events
- Forums
- Workshops and Courses
- Workshops and Symposia at Outside Organizations

The Winter-Spring 2020 EM Course

General registration for the 2020 winter course is closed. If you registered for this course through your institution's registrar (with a cutoff in January), then please let us know as we have separate reserved spots for students taking the course for academic credit.

About the course

Electron microscopy in combination with image analysis is increasingly powerful in producing 3D structures of individual molecules and large macromolecular complexes that are unapproachable by other methods. This course is focused on the concepts and theories behind electron microscopy and will be taught in a reverse classroom format based on Grant Jensen's online course ([Getting Started in Cryo-EM](#) from Caltech). Students will be responsible for watching these online lectures prior to class. Each week guest lecturers and SEMC staff lead discussions on the practice of solving molecular structures by electron microscopy.

The course will be held at the [New York Structural Biology Center](#) at 89 Convent Ave (133rd St).

Course Schedule

Classes in SEMC or NYSBC seminar rooms (Winter course: Mondays 3:30-5pm and Wednesdays 3:30-5pm | Short course weeks: 9:30am-11am)

EM fundamentals section (month of January)

- Jan 6 : Lecture – Introduction & SEMC tour (Ed Eng – NYSBC)
- Jan 8 : *Practical* – Sample Preparation & Support films (Micah Rapp/Ed Eng – COLU/NYSBC)
- Jan 13 : Lecture – Basic anatomy of the electron microscope (Micah Rapp – COLU)
- Jan 15 : *Practical* – TEM use
- Jan 20 : MLK Jr holiday – No class

Course Administrator:
Ed Eng (eeng@nysbc.org)

Teaching Assistant:
Micah Rapp
(mar2294@columbia.edu)

Course logistics

Mondays

3:30-5pm - A-11 seminar room / SEMC conference room

Lecture schedule

Jan 6 : Introduction & SEMC tour
Jan 13 : Basic anatomy of the electron microscope
Jan 20 : *MLK Jr holiday – No class*
Jan 27 : Fourier transforms and Image Formation
Feb 3 : MicroED (Bill Rice – NYU)
Feb 10: Helical reconstruction (Hernando Sosa – Einstein)
Feb 17 : *President's day holiday – No class*
Feb 24 : Q&A – open forum & primer to SPA

Wednesdays

Starts at 3:30 - SEMC conference room

Recitation schedule

Jan 8 : Sample Preparation & Support films
Jan 15 : TEM use
Jan 22 : Journal club
Jan 29 : Image pre-processing
Feb 5 : Journal club
Feb 12 : Journal club
Feb 19 : Journal club
Feb 26 : Intro to SPA processing

Appion part I

www.surveymonkey.com/r/BHVHYK3

Course logistics

Section 1a : EM fundamentals section

b : 2D EM section

c : *SEMC Appion workshops* - **Jan 30**

<https://www.surveymonkey.com/r/BHVHYK3>

Section 2 : Single-particle short-course - March 2

d : **Additional journal clubs**

Section 3 : Tomography short-course - April 13

e : **Course wrap up** - TBD

Recitation schedule

Jan 8 : Sample Preparation &
Support films

Jan 15 : TEM use

Jan 22 : Journal club

Jan 29 : Image pre-processing

Feb 5 : Journal club

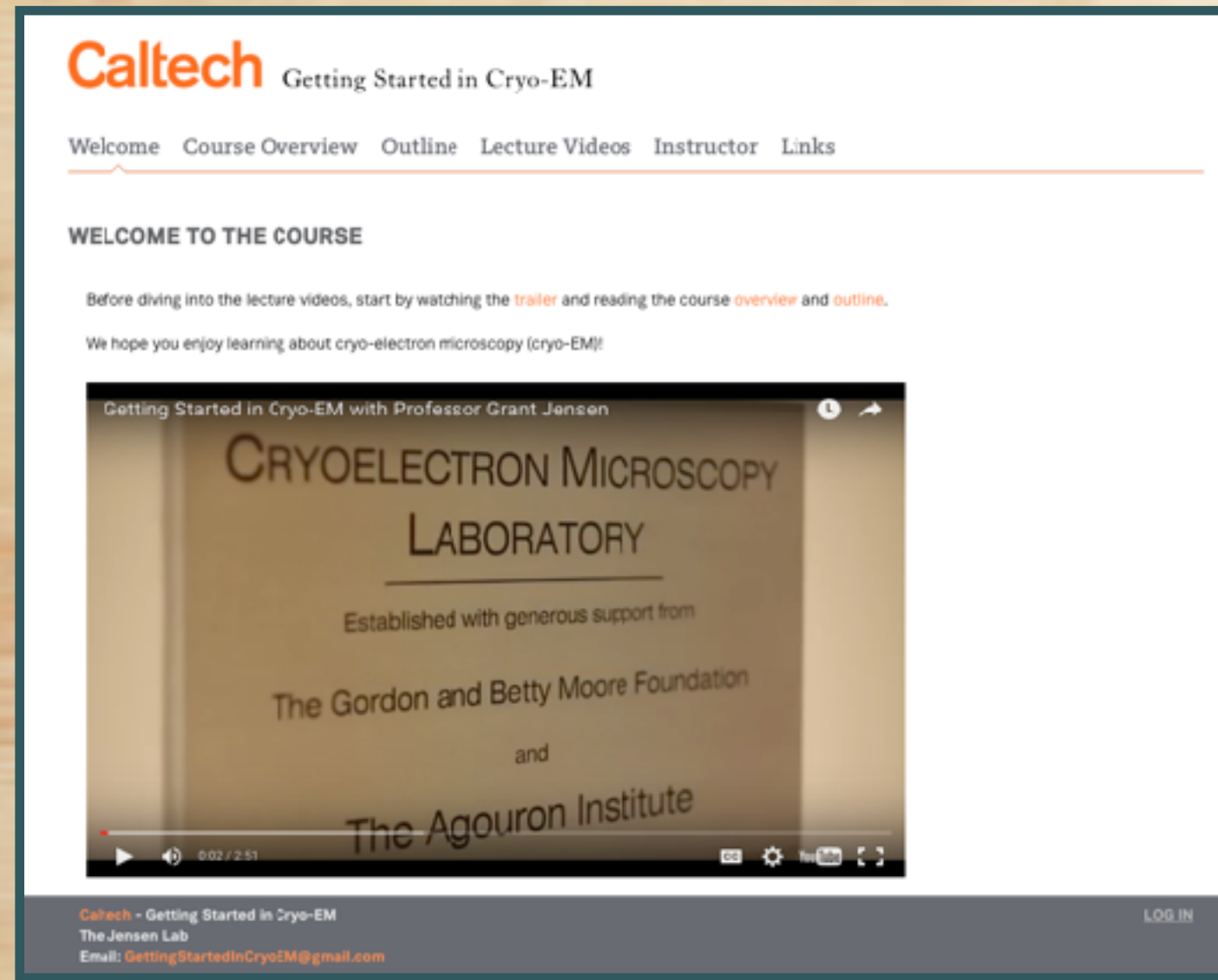
Feb 12 : Journal club

Feb 19 : Journal club

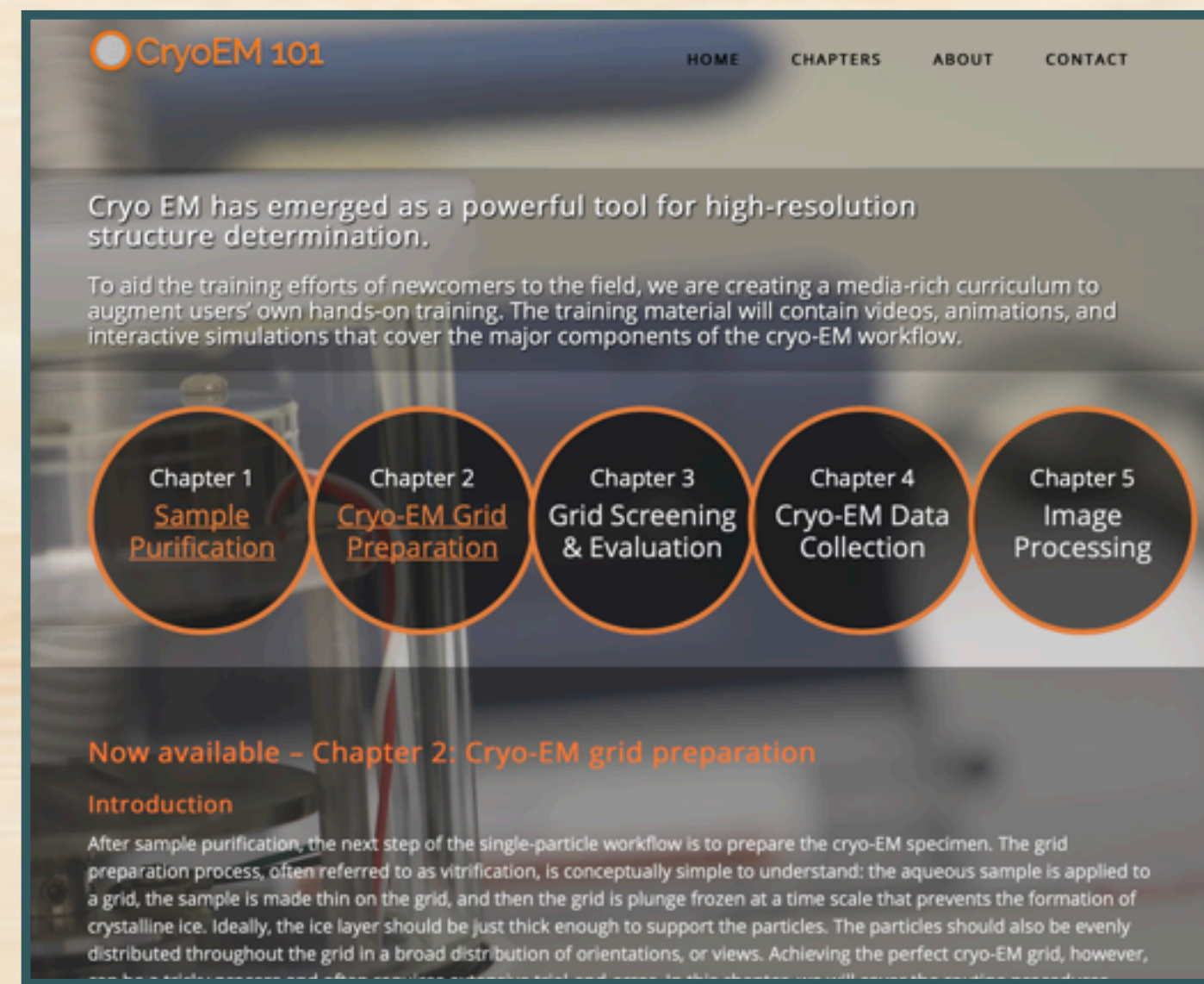
Feb 26 : Intro to SPA processing

Course logistics: recitations

cryo-em-course.caltech.edu/videos



cryoem101.org



Wednesdays

Starts at 3:30 - SEMC conference room

Recitation schedule

Jan 8 : Sample Preparation & Support films

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Feb 26 : Intro to SPA processing

Part 4: Fundamental Challenges in Biological TEM & Sample Prep

Unit 2: Sample Preparation -
[youtube.com/playlist?](https://youtube.com/playlist?list=PL8_xPU5epJdfd5fM2CjQltR-iRIIEIjk8)

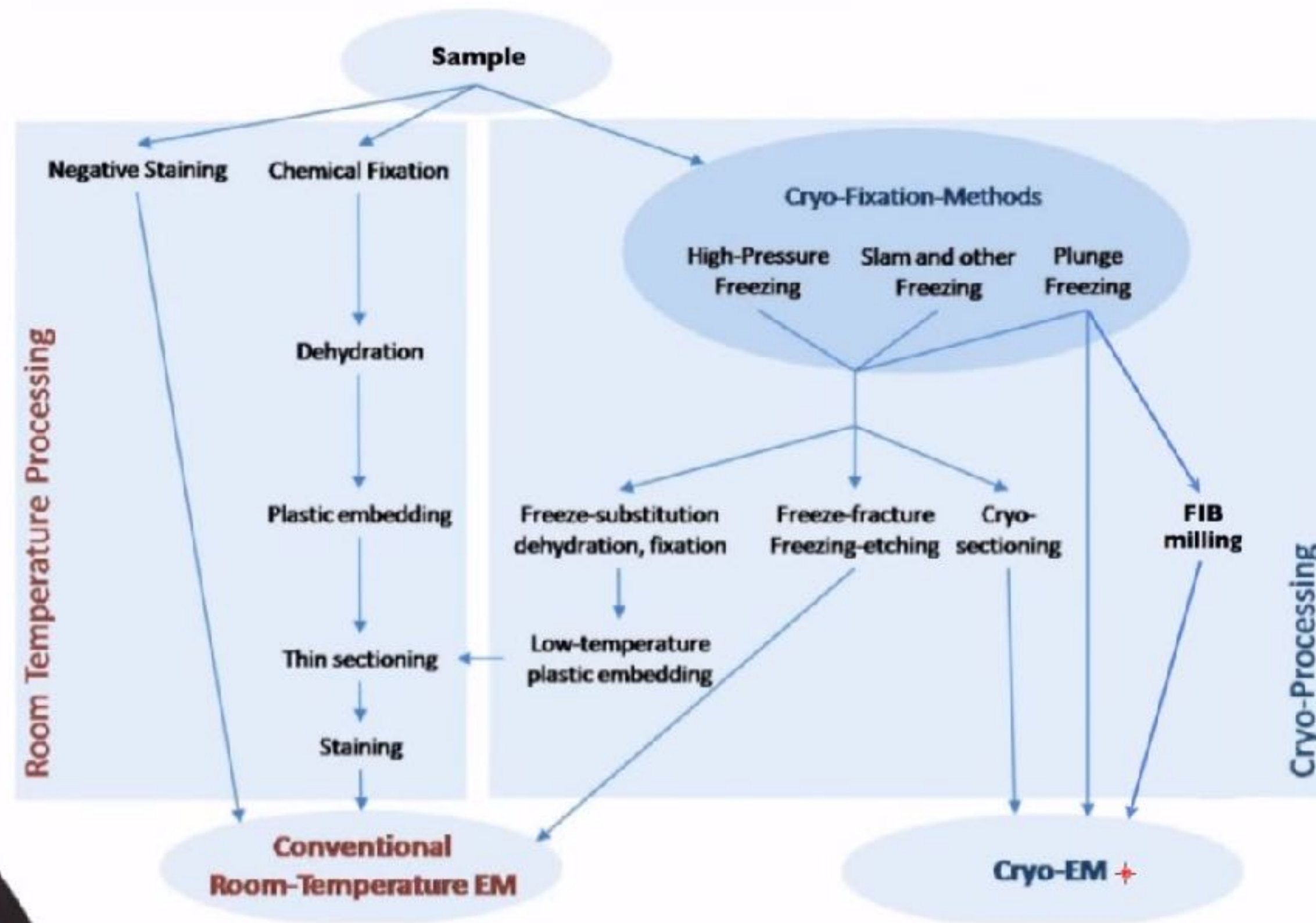
[list=PL8_xPU5epJdfd5fM2CjQltR-iRIIEIjk8](https://youtube.com/playlist?list=PL8_xPU5epJdfd5fM2CjQltR-iRIIEIjk8)

Chapter 1: Sample Purification

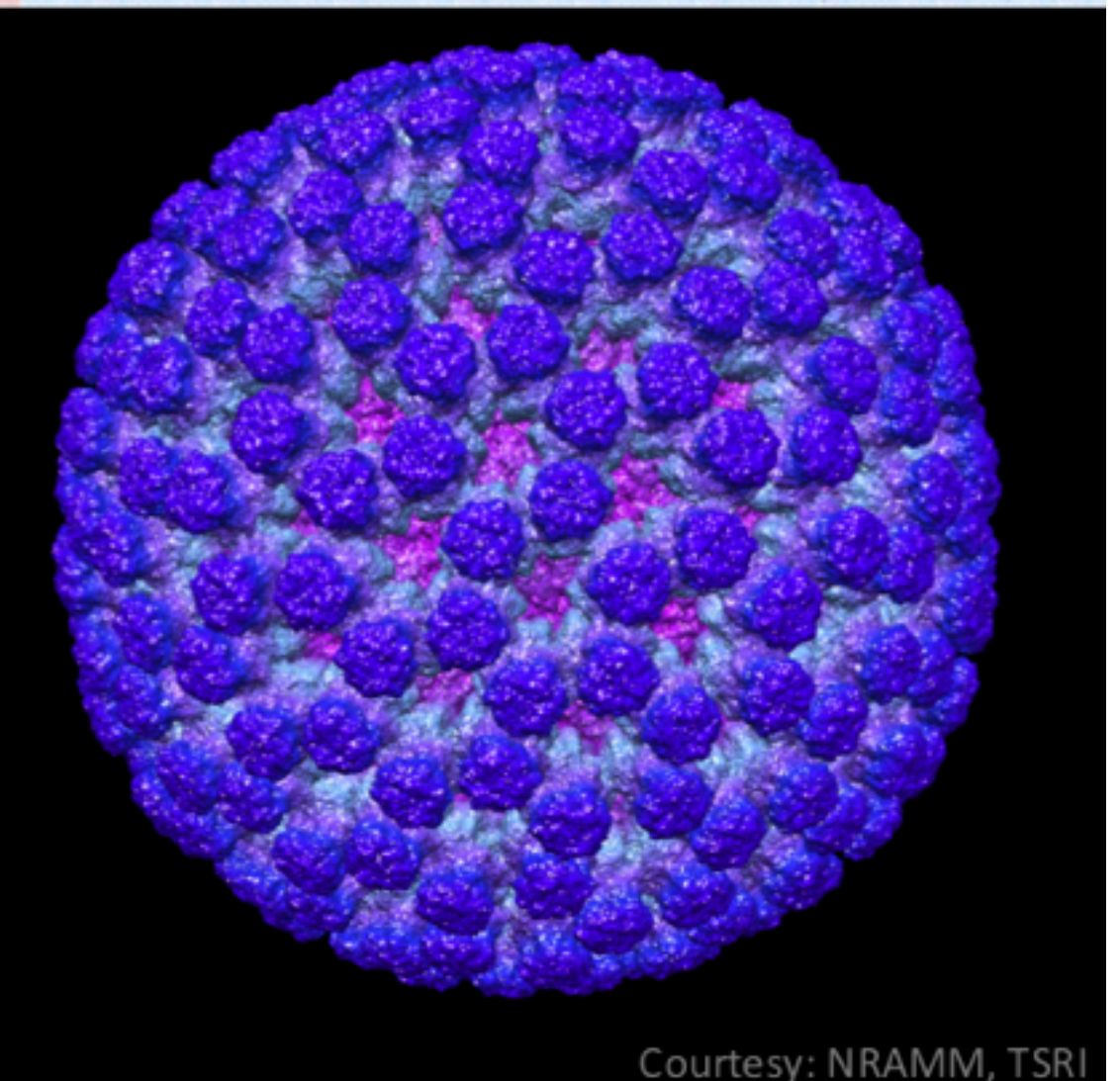
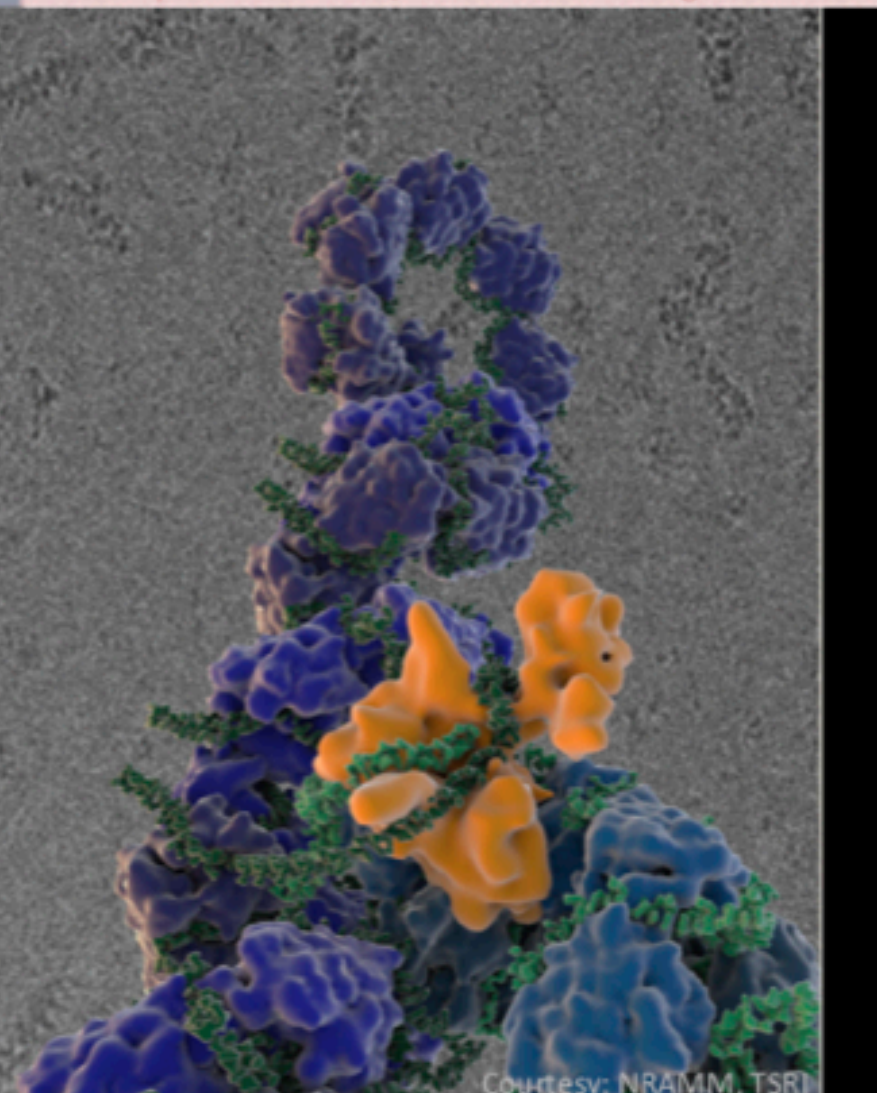
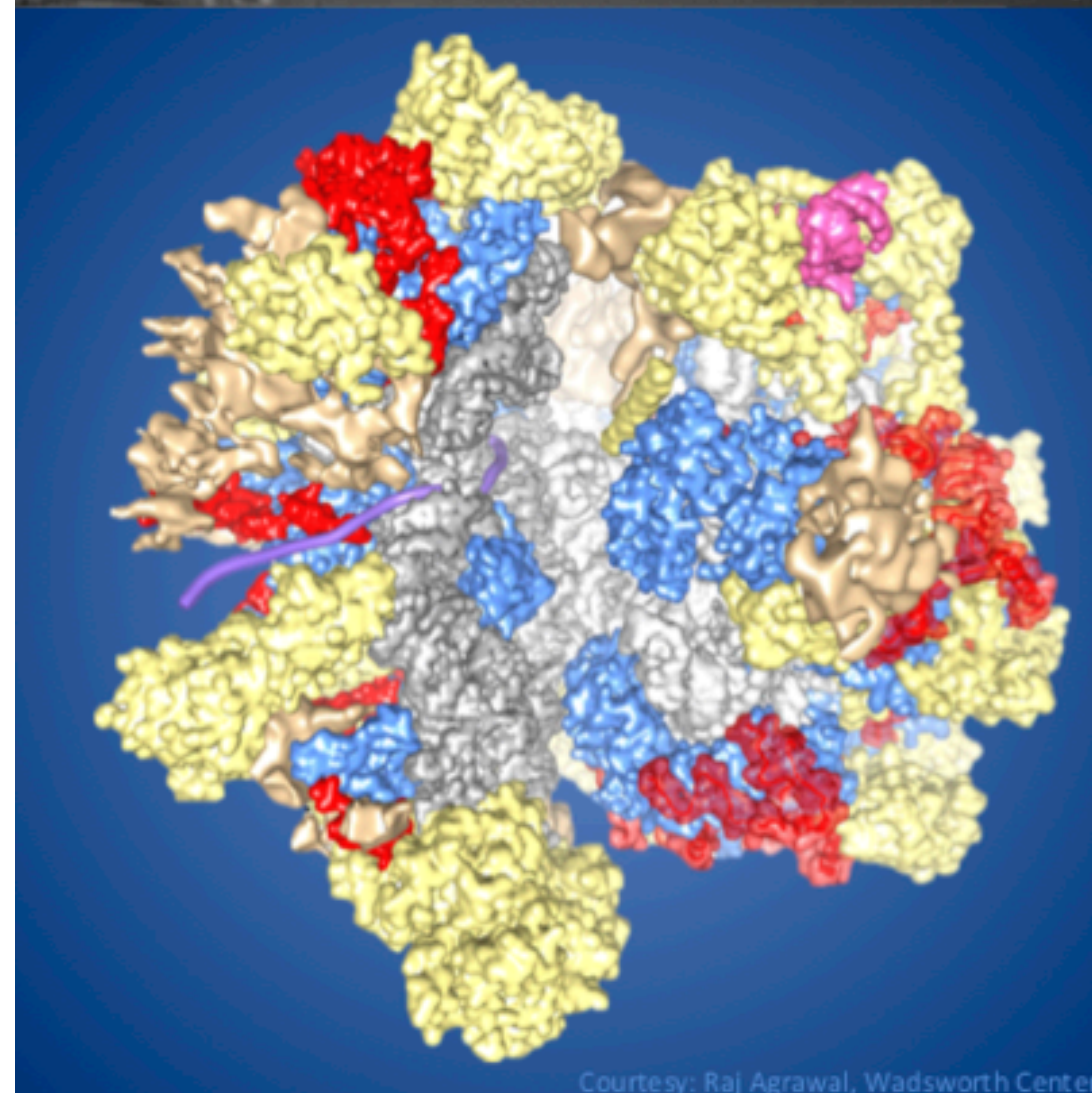
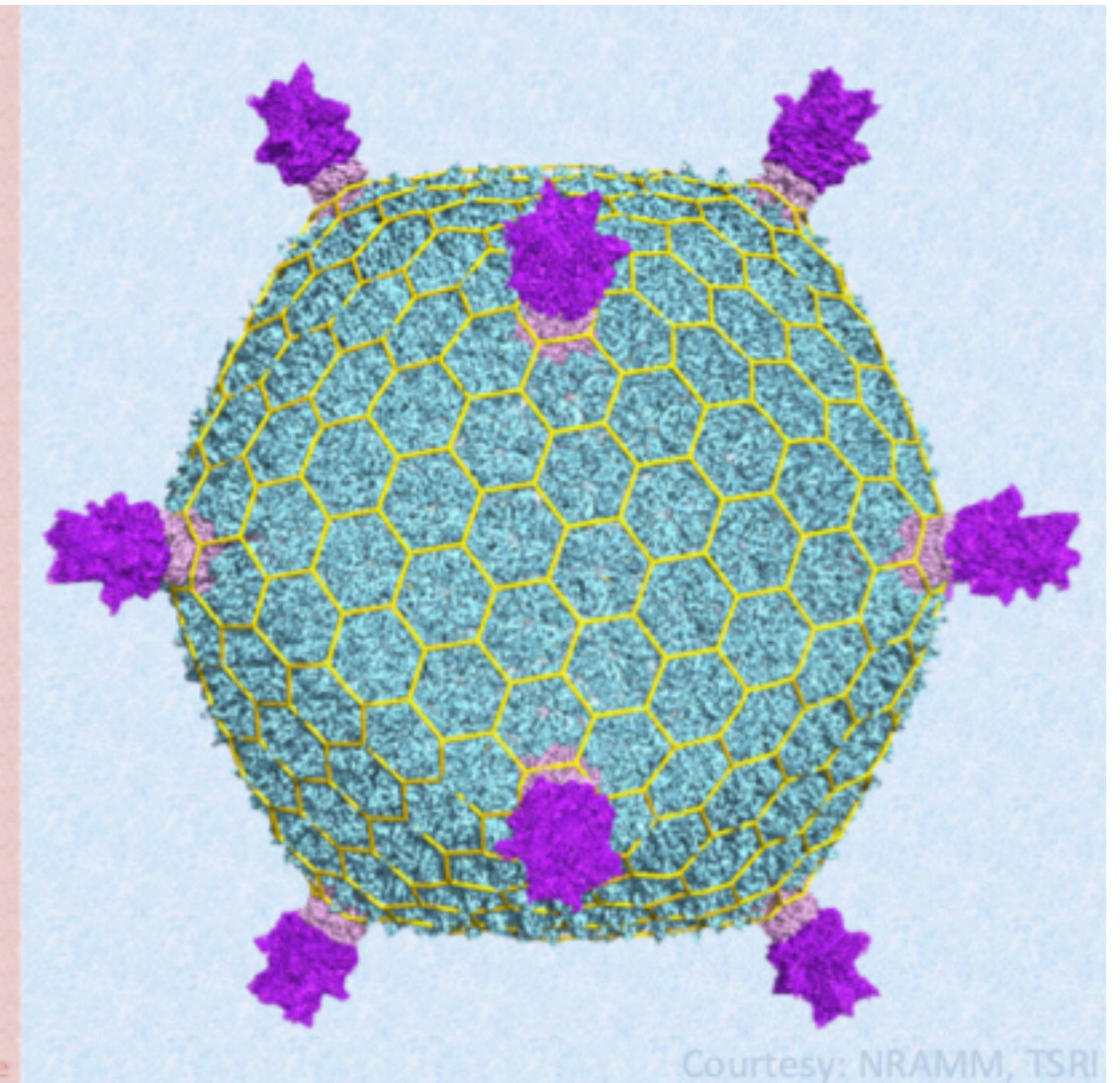
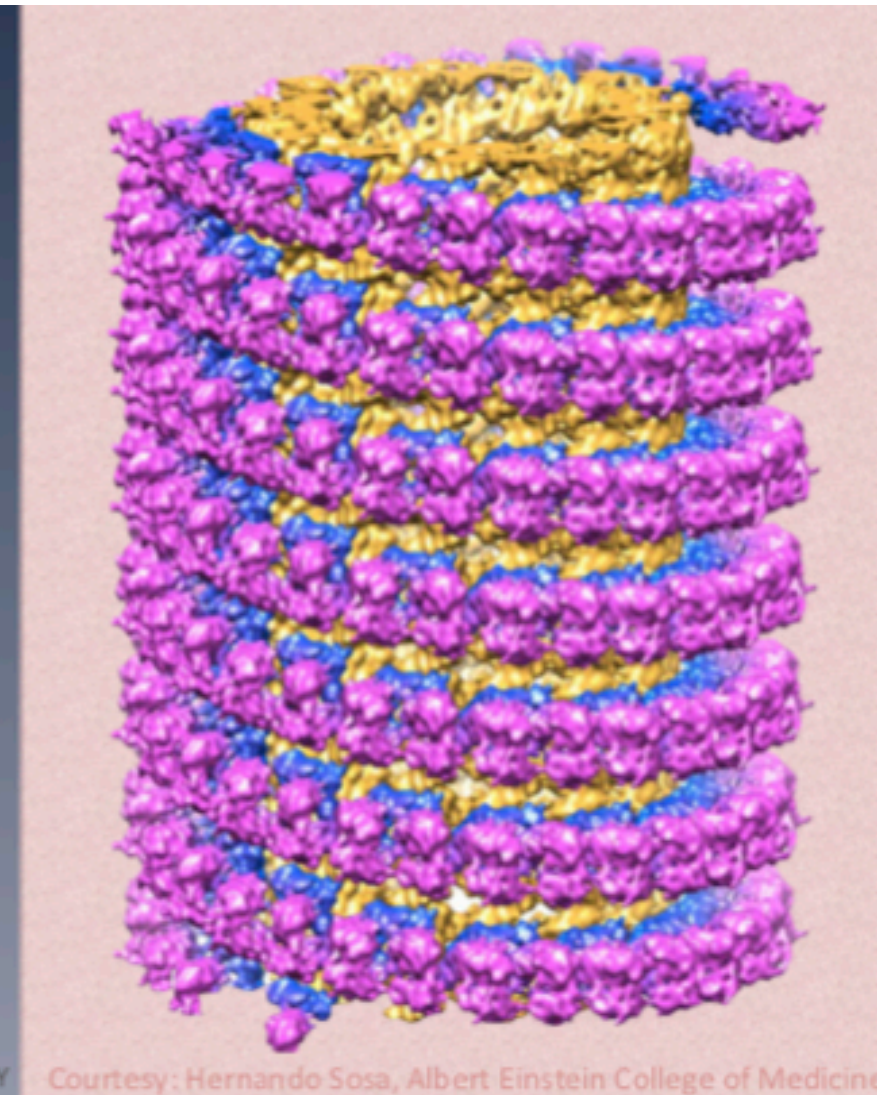
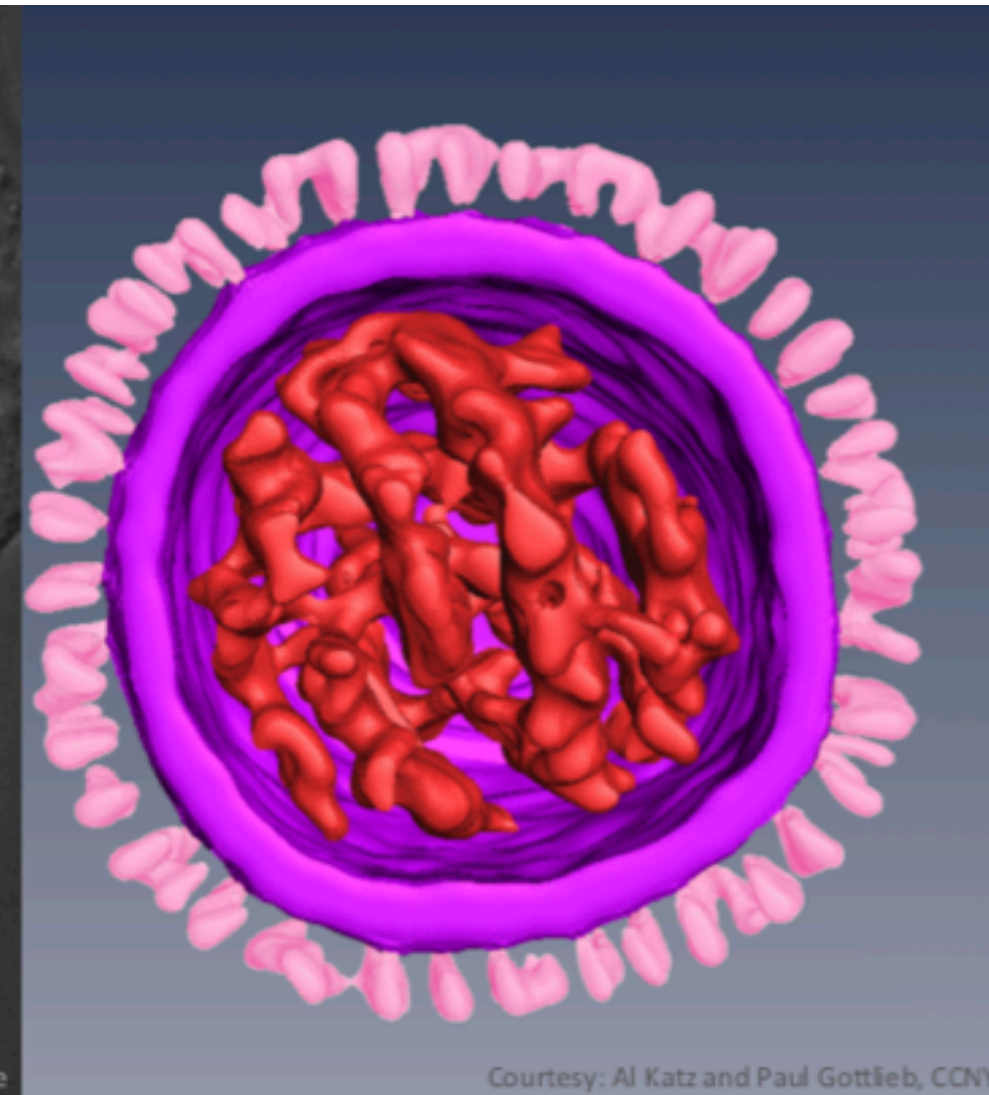
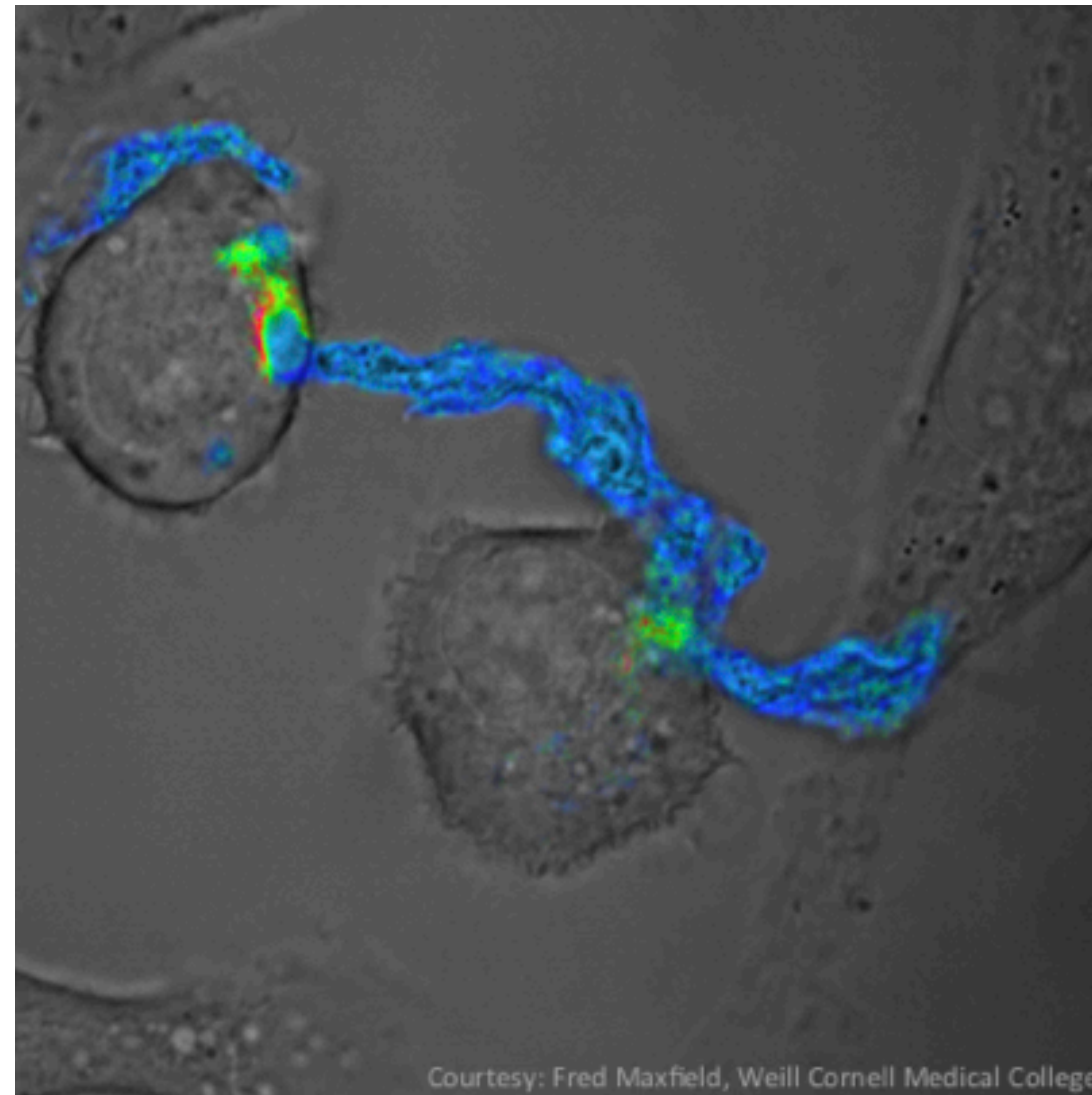
Chapter 2: Cryo-EM Grid Preparation

RT & CRYO SAMPLE PREP METHODS

adapted from
Pilhofer et al.,
MCB 2010



CRYOEM: TECHNOLOGY ON THE RISE



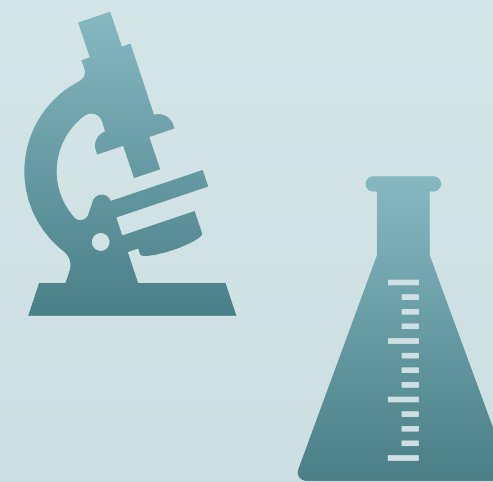
THAT'S GREAT.... HOW DO I START?



**Core
knowledge**



**Biochemistry
&
Sample
preparation**



**Data
collection**



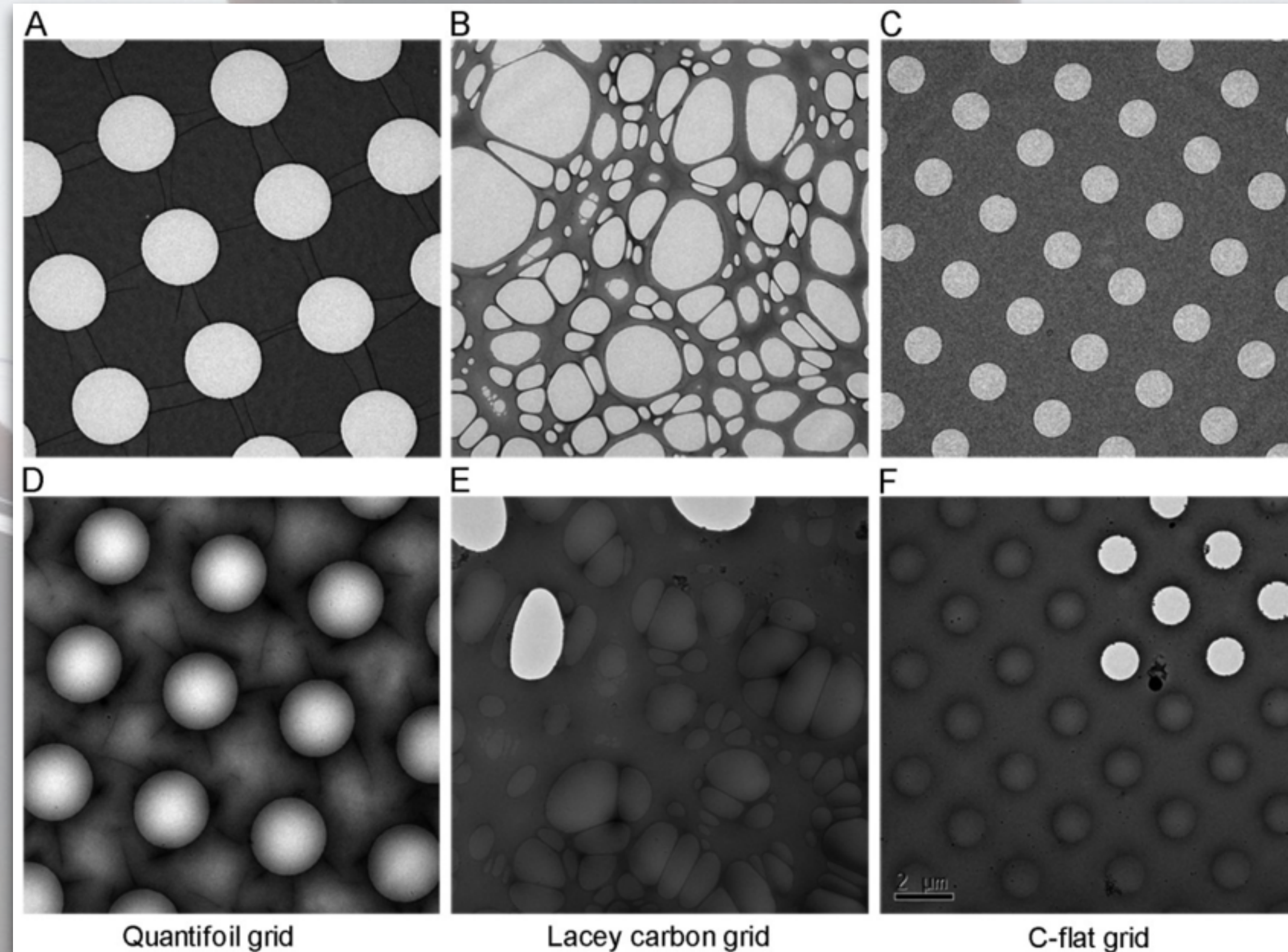
**Processing
&
Data analysis**

FOCUS ON 4 AREAS

Challenges in biological EM

Support films

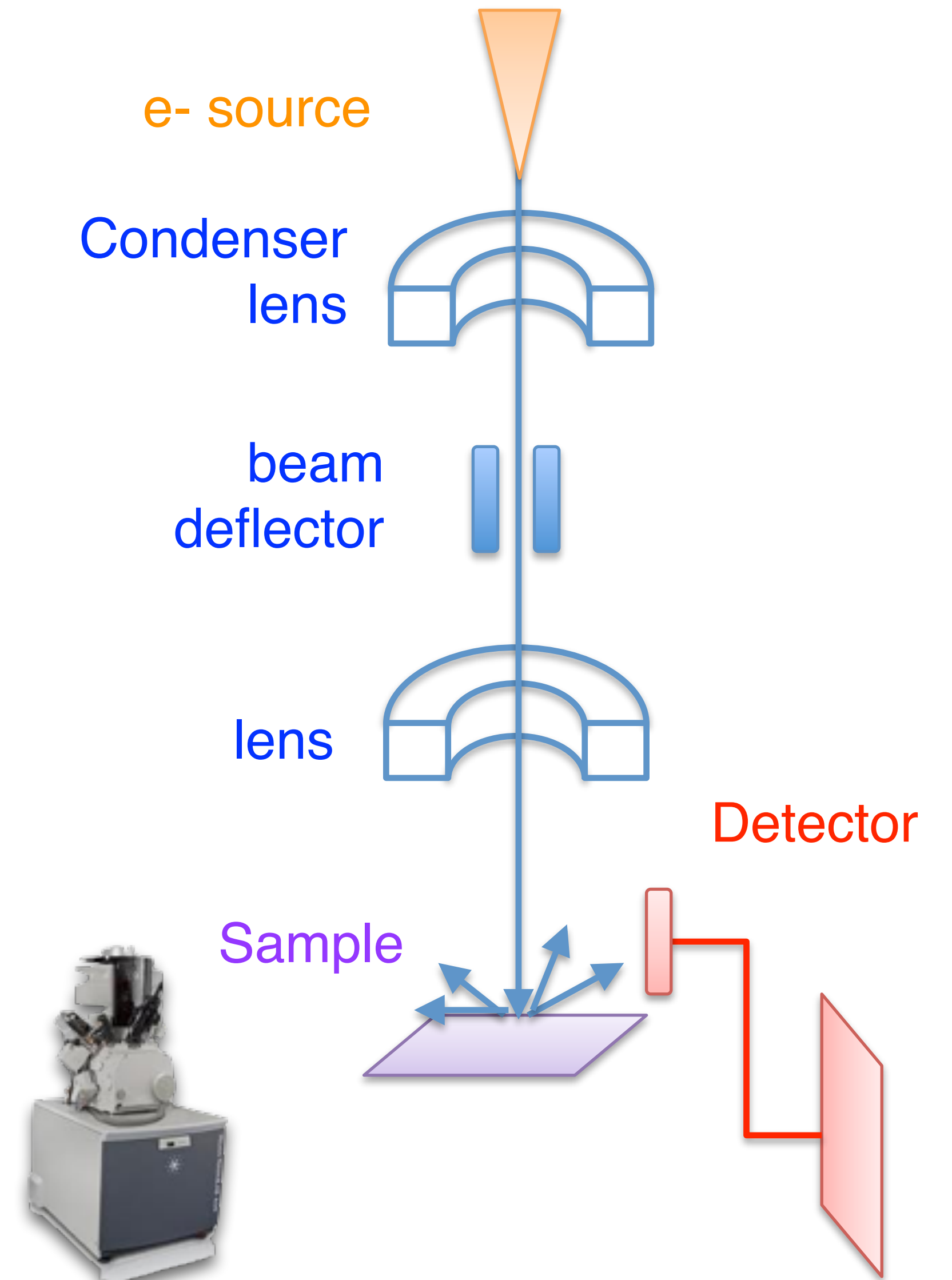
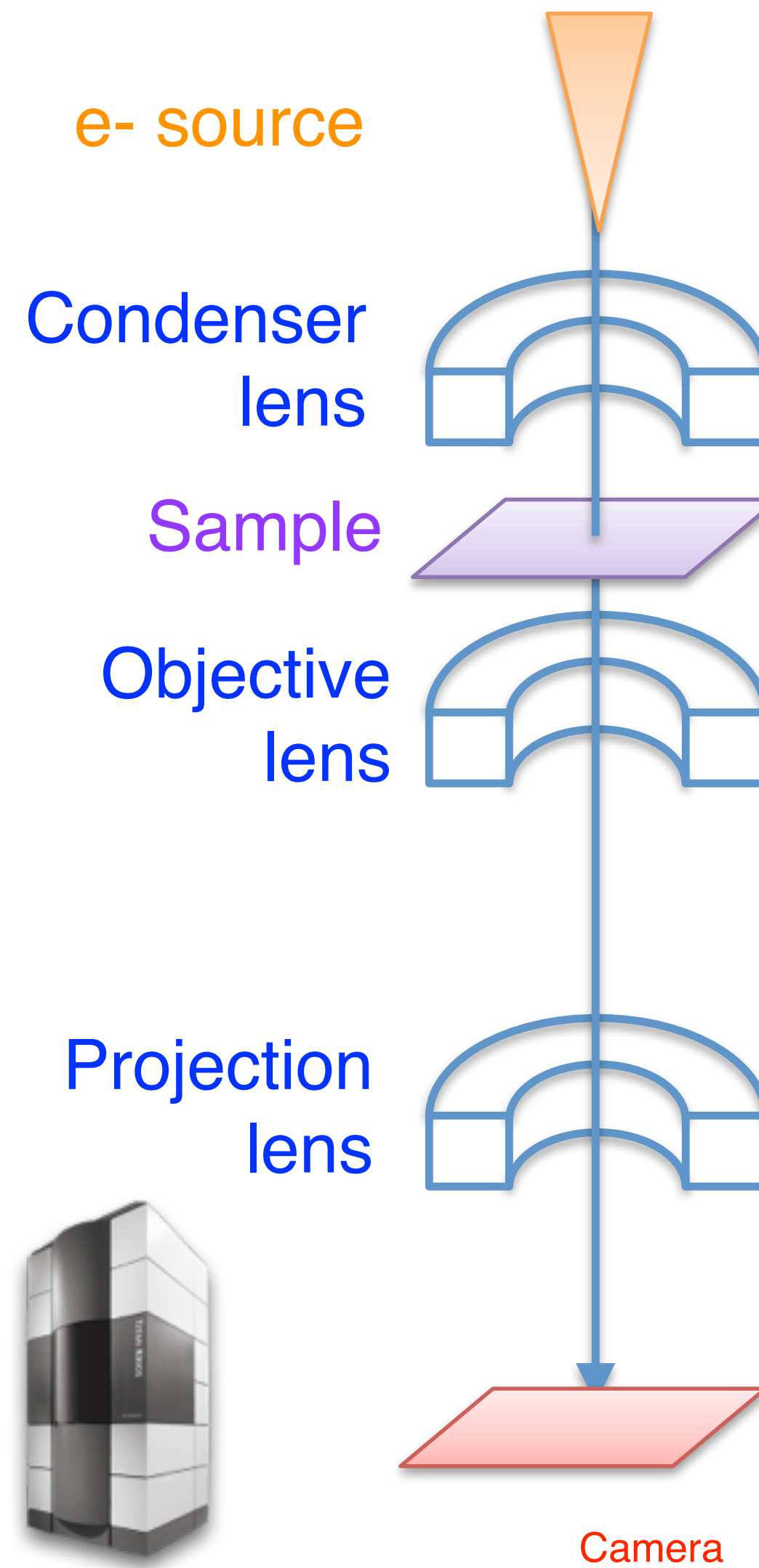
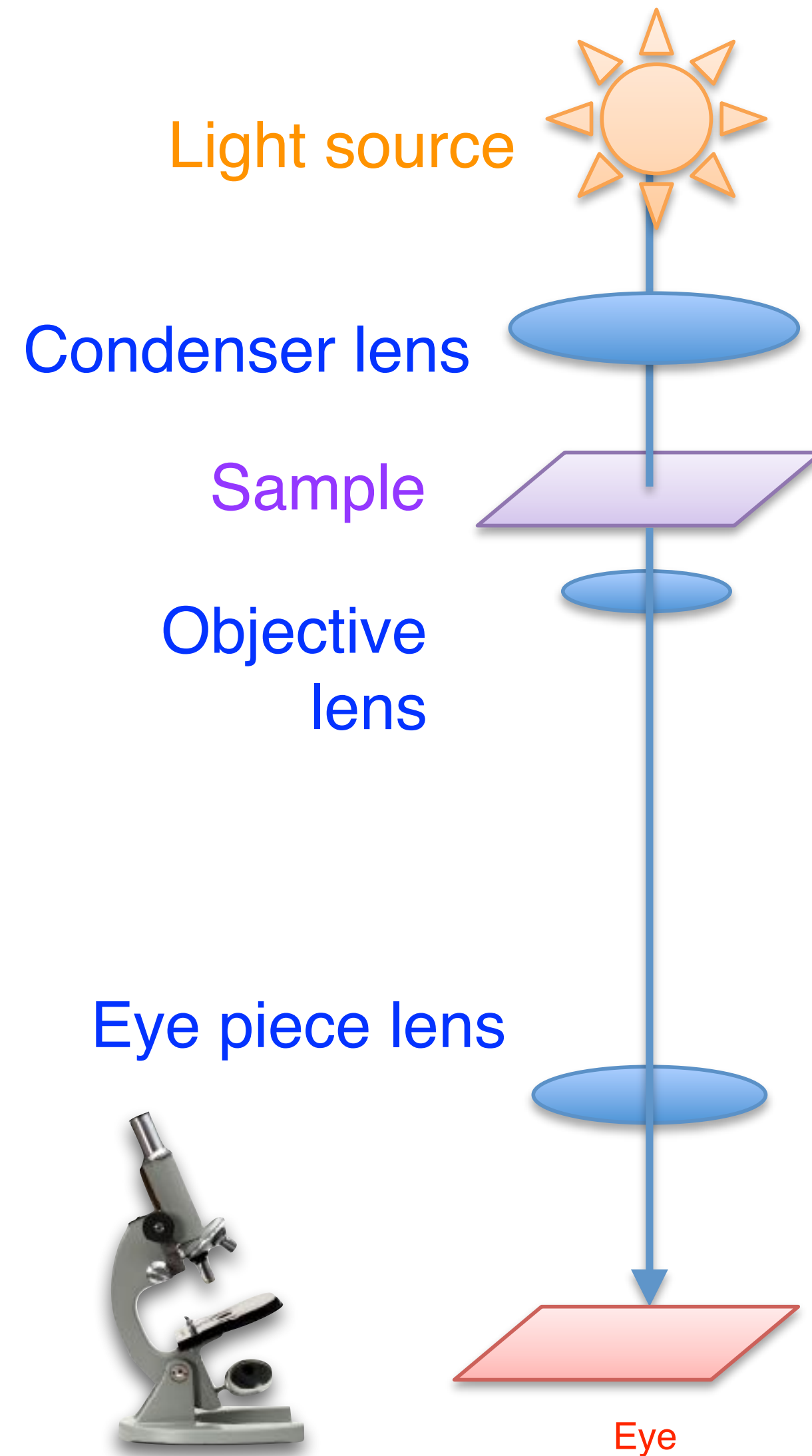
Cho, Hye-Jin & Hyun, Jae-Kyung & Kim, Jin-Gyu & Jeong, Hyeon & Park, Hyo & You, Dong-Ju & Jung, Hyun. (2013). Measurement of ice thickness on vitreous ice embedded cryo-EM grids: investigation of optimizing condition for visualizing macromolecules. Journal of Analytical Science and Technology, 4. 10.1186/2093-3371-4-7.



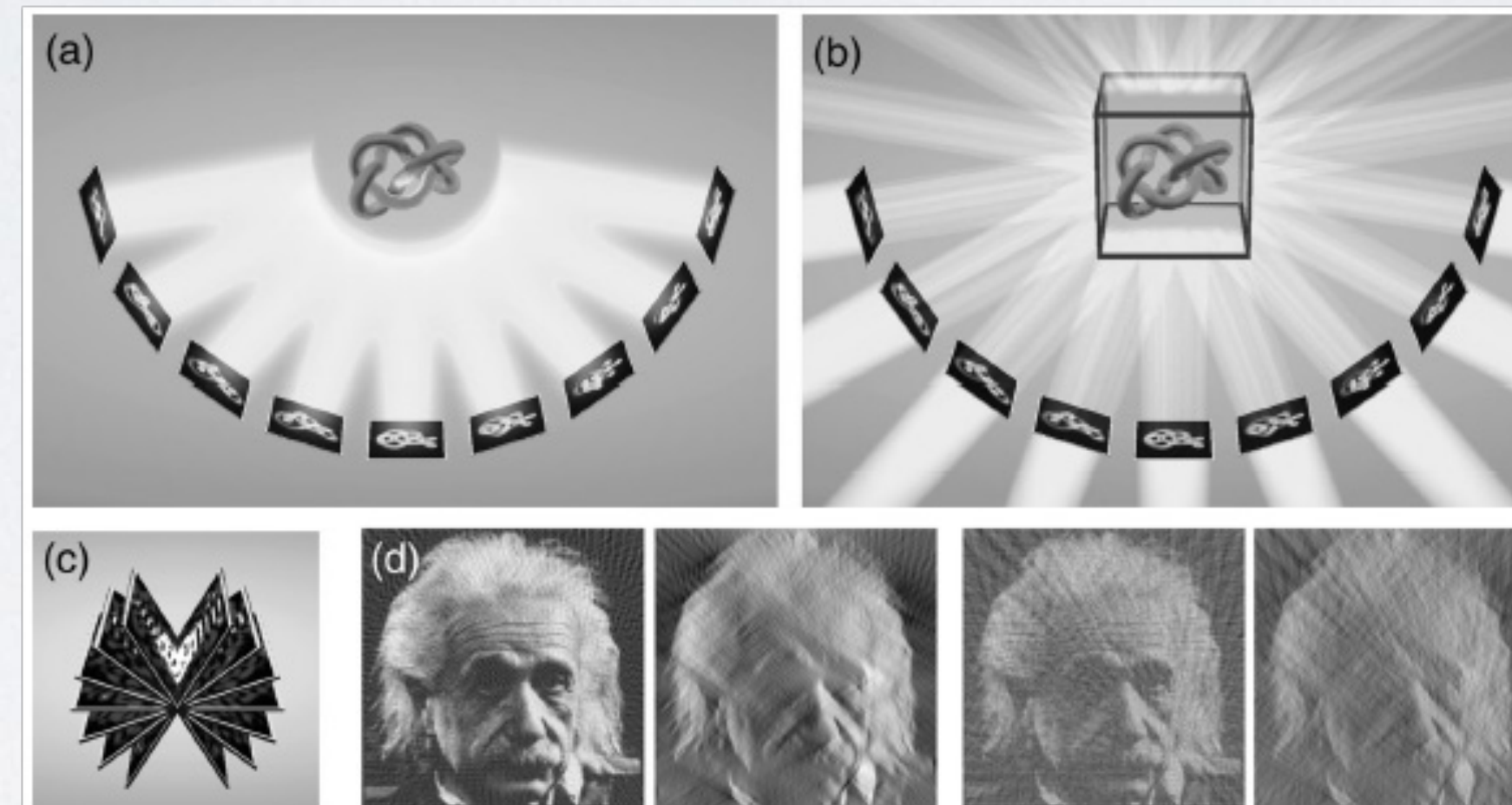
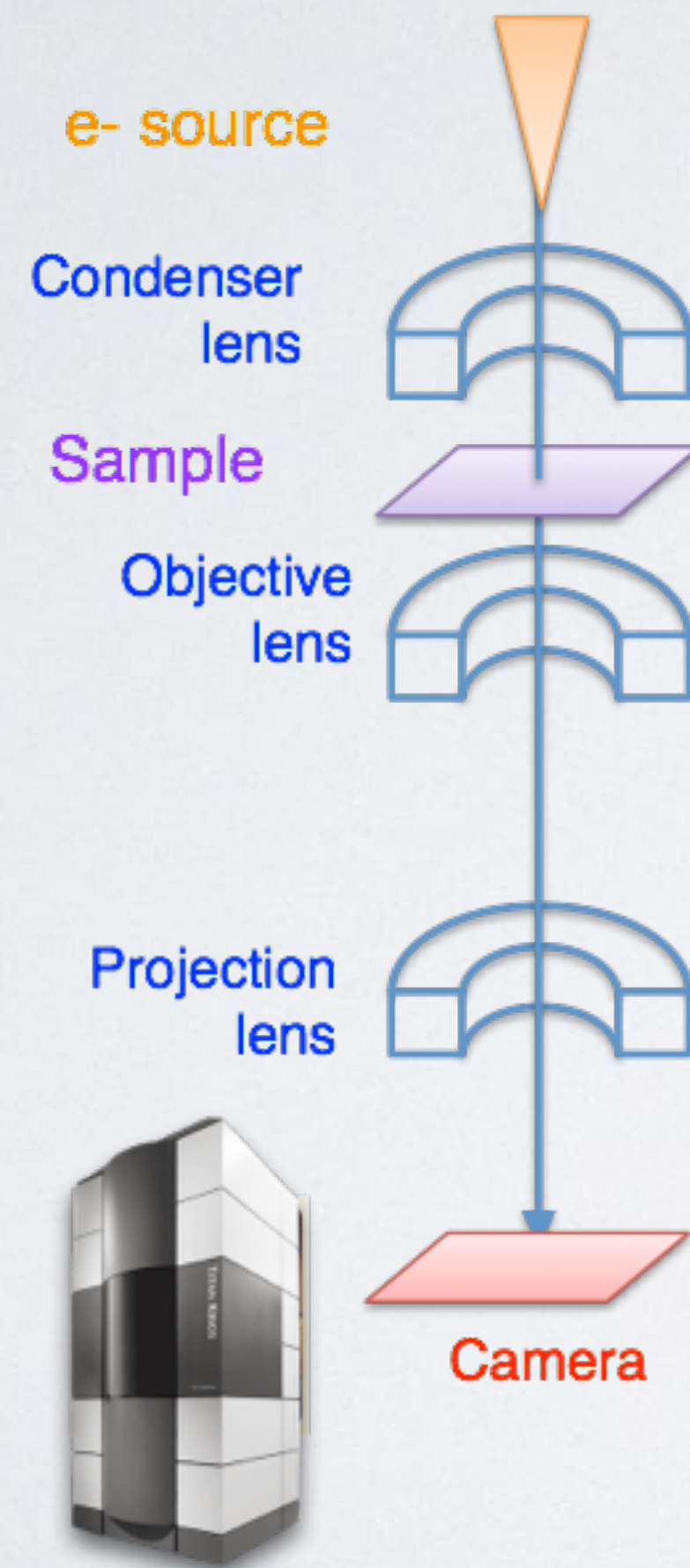
DOI: 10.1186/2093-3371-4-7

Sample Preparation

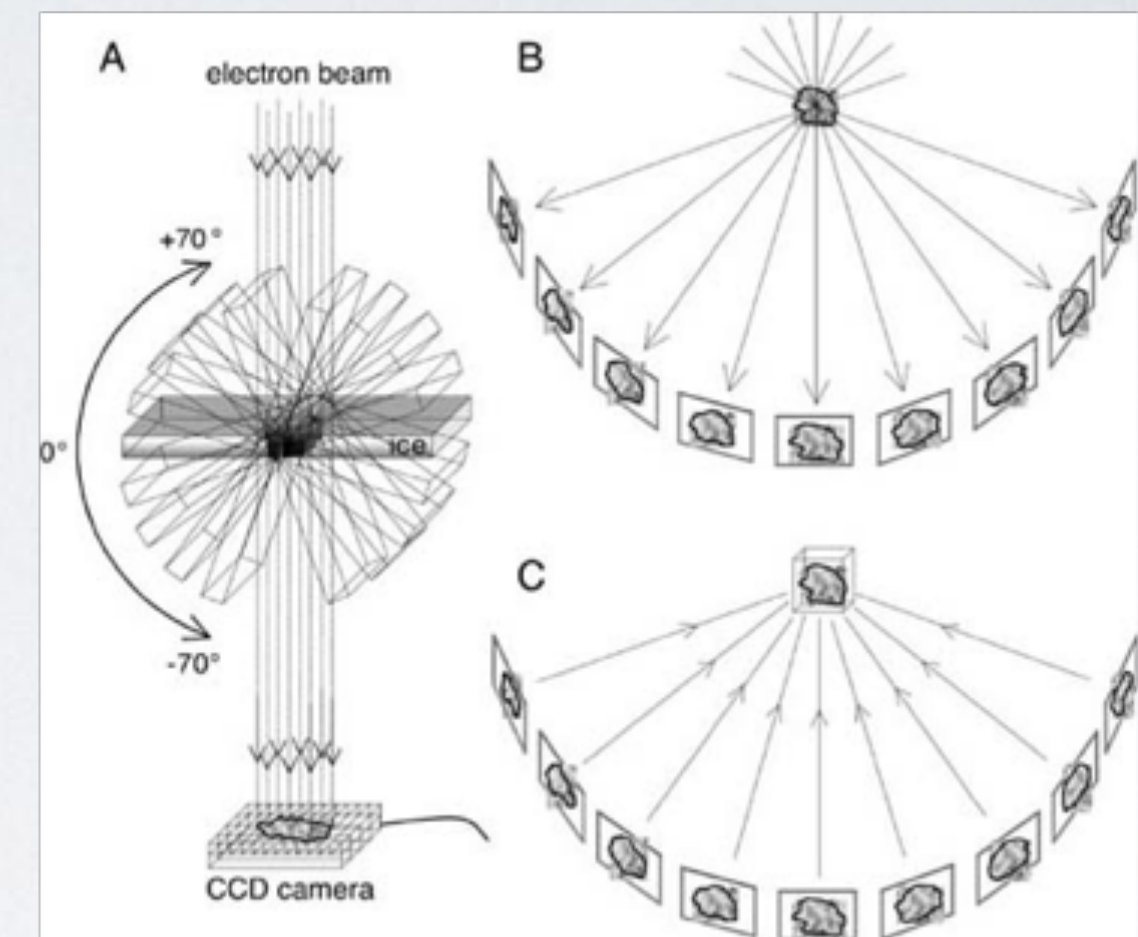
MICROSCOPES



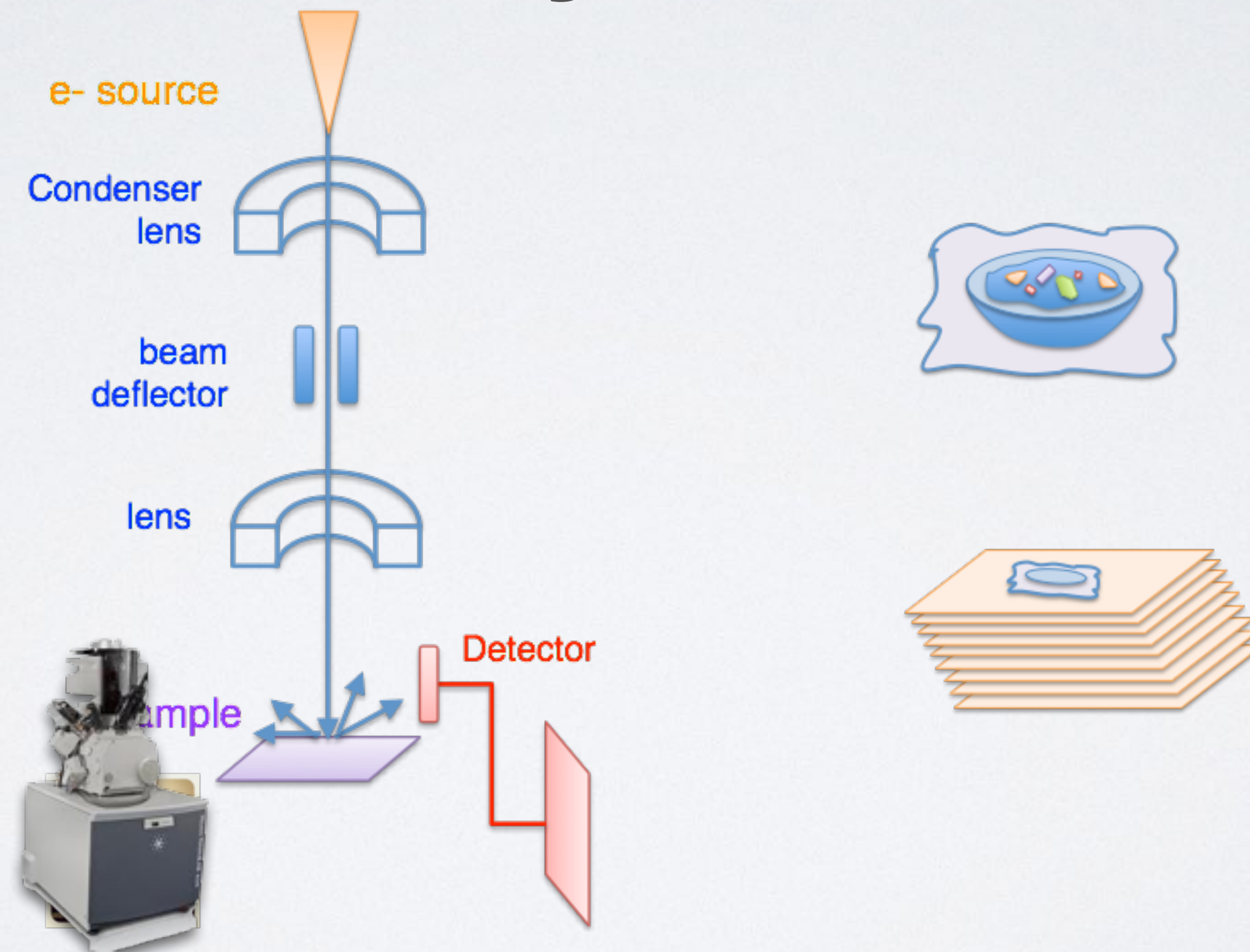
OBTAINING A 3D OBJECT FROM A 2D PROJECTION



From W. Baumeister et al. [Trend in Cell Biology 9\(1999\)81](#)

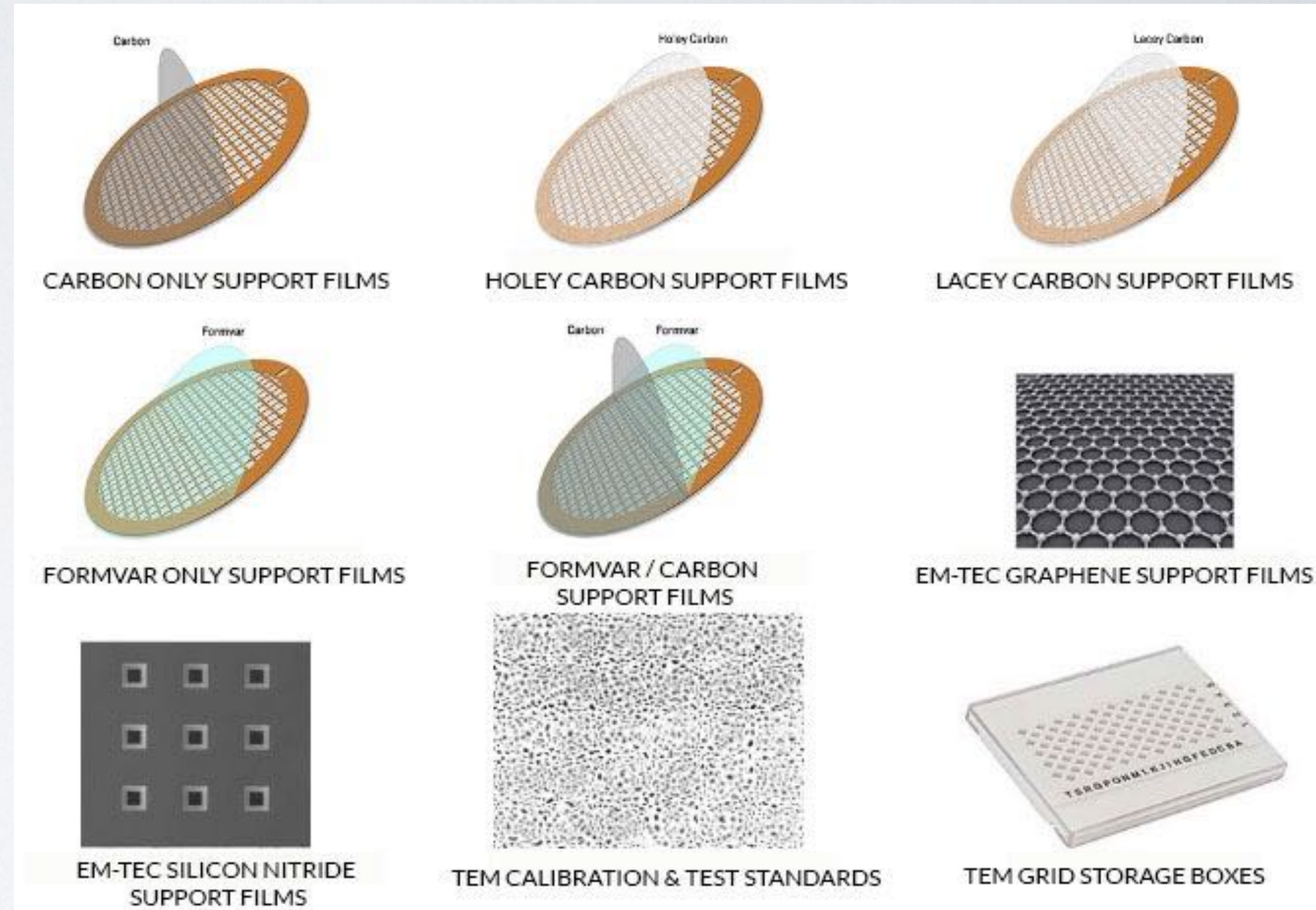


OBTAINING A 3D OBJECT FROM A 2D PROJECTION



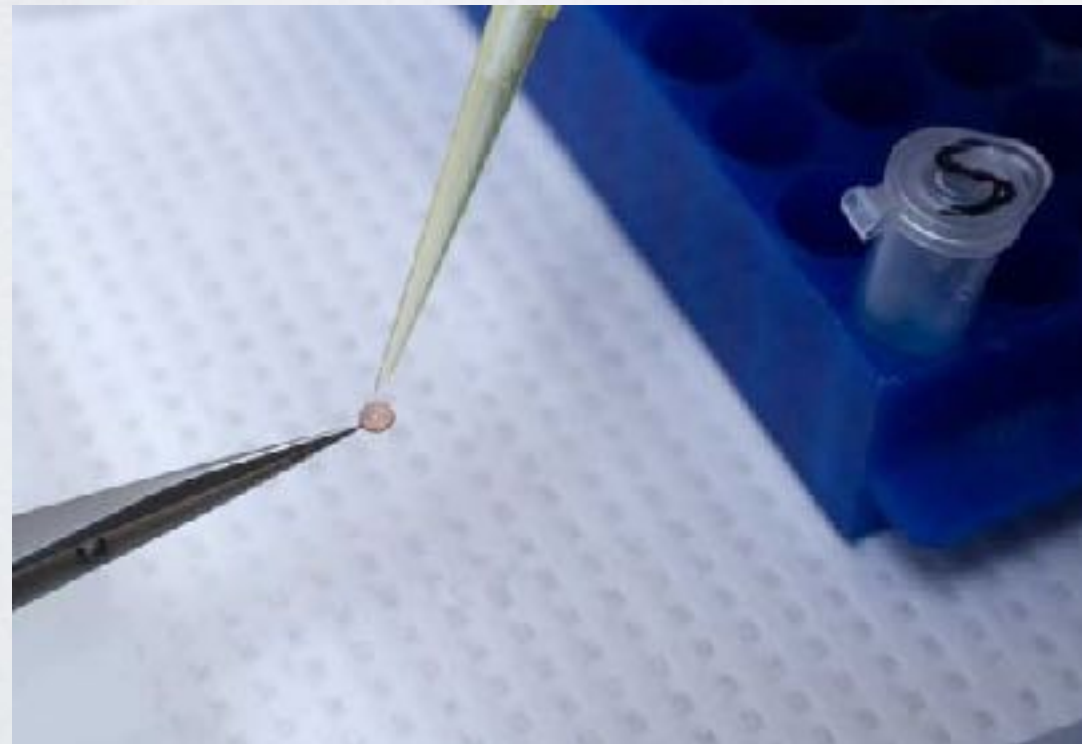
WHAT HOLDS OUR SAMPLE?

- Terms
 - Grid (Cu, Au, Mo, etc...)
 - mesh
 - Foil (C, Au, etc...)
 - Continuous
 - lacy
 - holey (hole size and spacing)

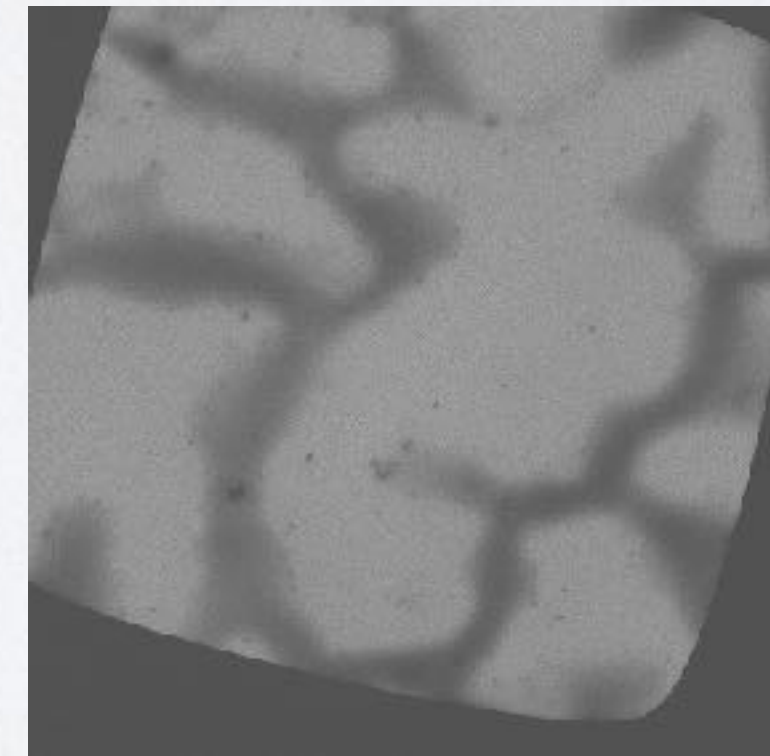


NEGATIVE STAINING

- What support films are used?

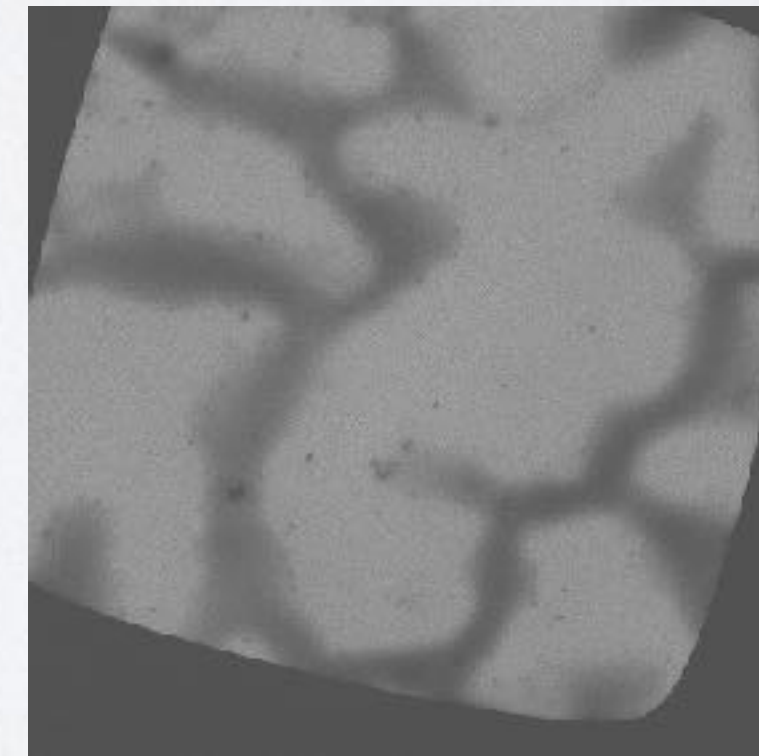
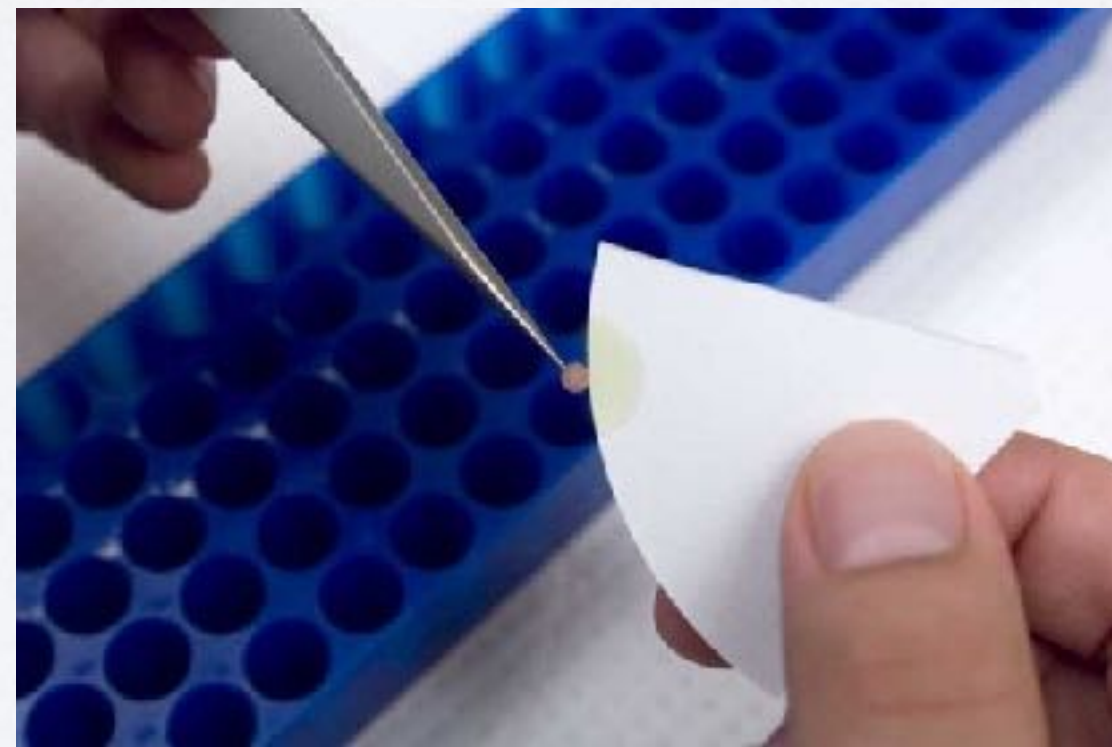
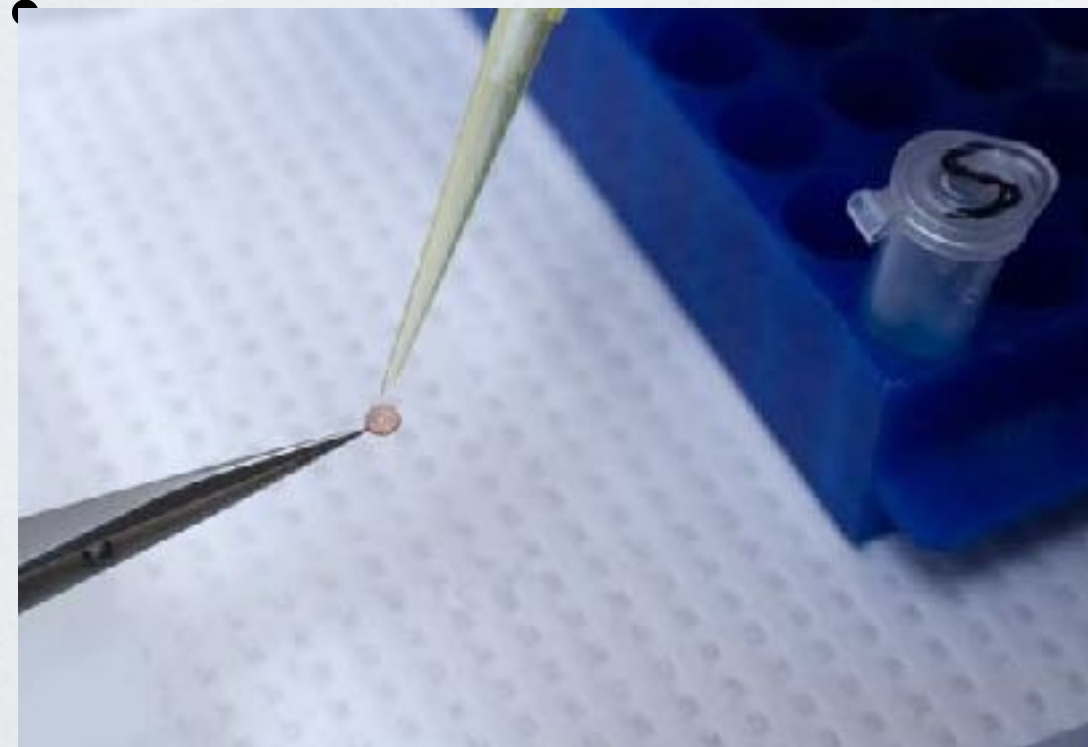


Baker, 2007



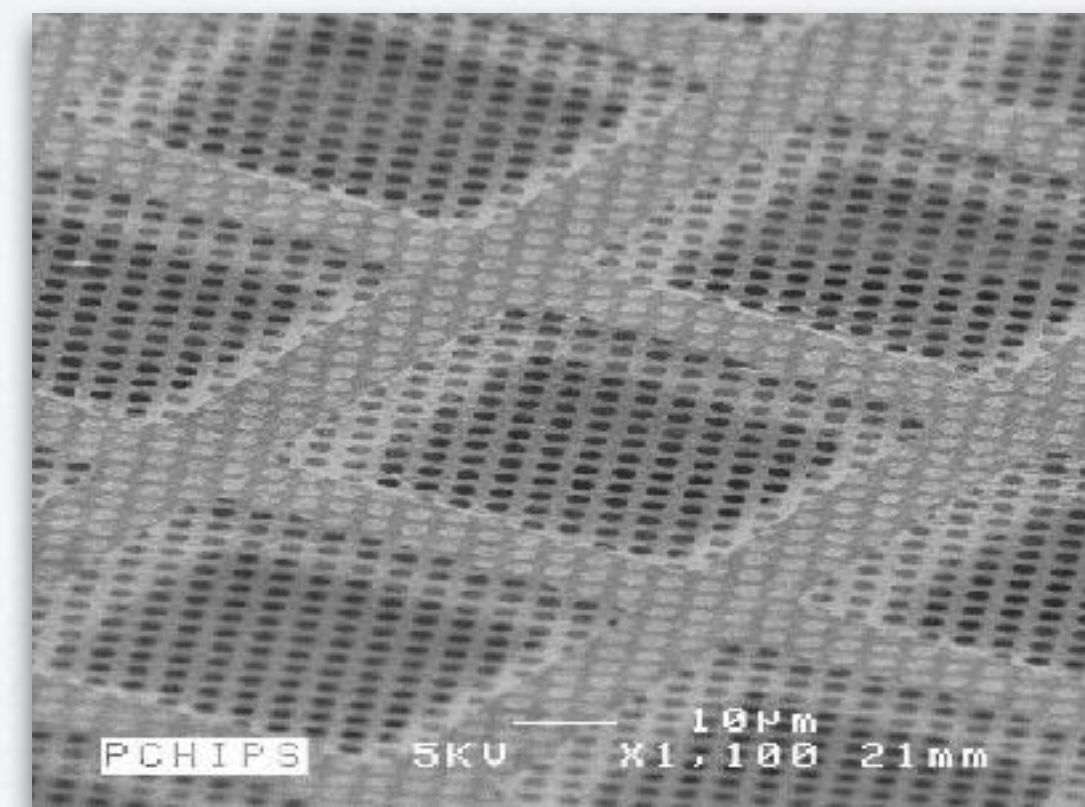
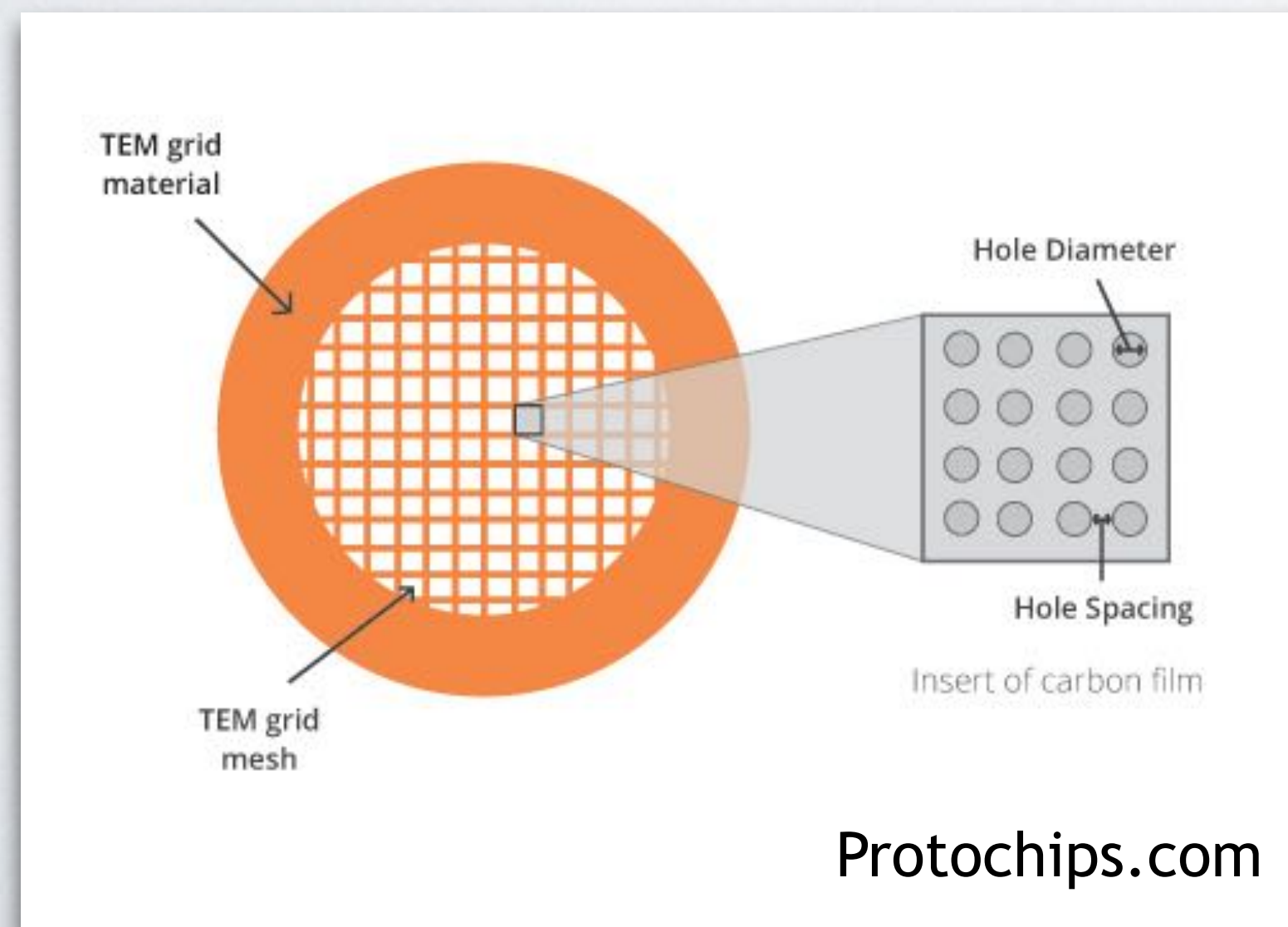
NEGATIVE STAINING

- Heavy metal salt solution surrounds sample
- Continuous carbon support film
- Protocol: glow discharge, sample, wash, stain
- SEMC: UA/UF, PTA, ammonium molybdate
- **Advantages:** high contrast, easy to learn, high SNR, radiation resistant, 3D reconstruction possible
- **Disadvantages:** structural collapse & flattening artifacts, non-native environment, ~20 Å max resolution

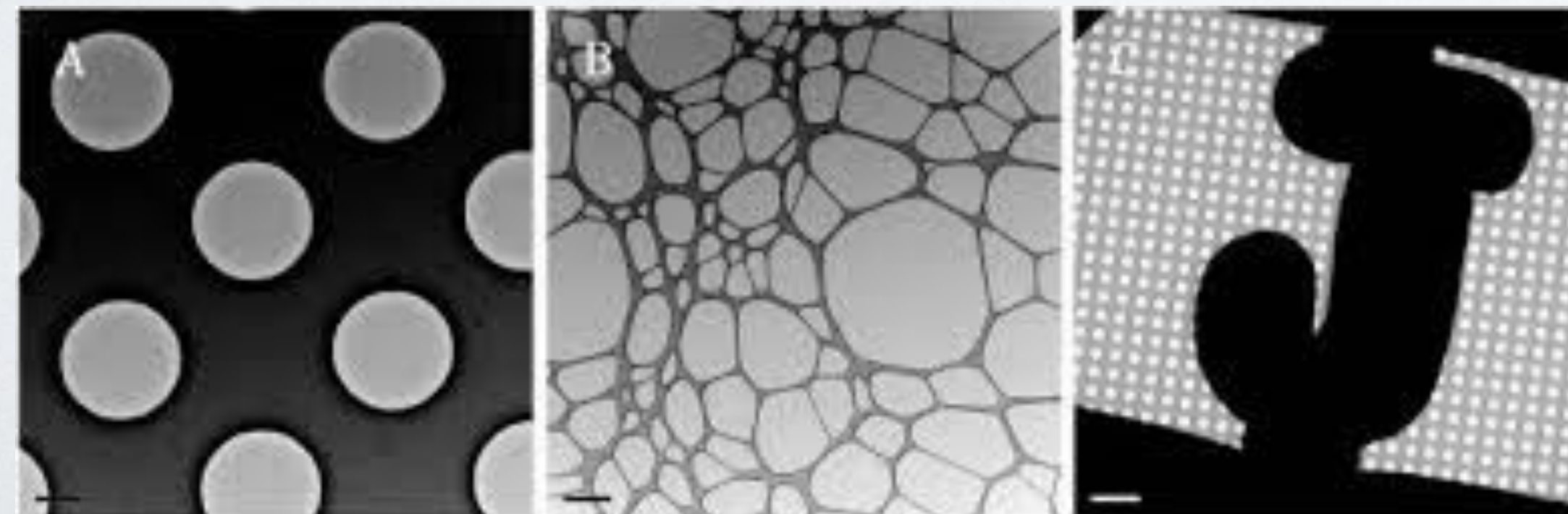
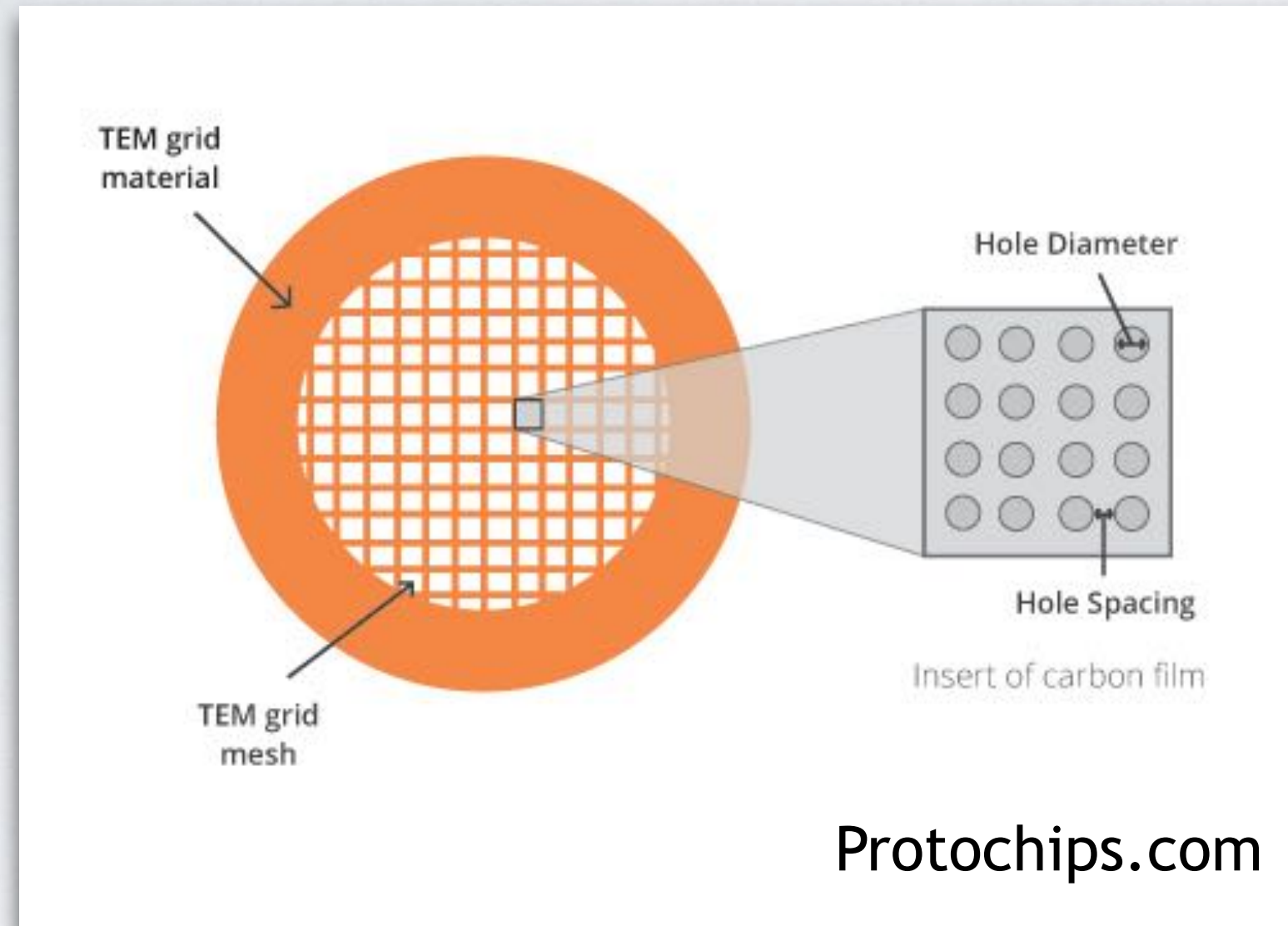


PLUNGE FREEZING

- Sample suspended in physiological buffer
- Holey carbon support film: C-flats, Quantifoil
- Protocol: glow discharge, sample, blot, plunge freeze
- SEMC: Gatan CryoPlunge Freezer 3, FEI Vitrobot, manual plunge freezer
- **Advantages:** no fixation/dehydration/staining artifacts, learning curve, random orientation, higher resolution than stain
- **Disadvantages:** low contrast, low SNR, radiation sensitive, difficult to visualize <100 kD, freezing artifacts



PLUNGE FREEZING



Product	1500x (45°)	3000x	10,000x	20,000x
CF-MH-2C CF-MH-4C multi hole and space				
CF-1/1-2C CF-1/1-4C 1.0µm hole, 1.0 µm space				
CF-1.2/1.3-2C CF-1.2/1.3-4C 1.2µm hole, 1.3 µm space				
CF-2/1-2C CF-2/1-4C 2.0µm hole, 1.0µm space				
CF-2/2-2C CF-2/2-4C 2.0µm hole, 2.0µm space				
CF-2/4-2C CF-2/4-4C 2.0µm hole, 4.0µm space				
CF-4/2-2C CF-4/2-4C 4.0µm hole, 2.0µm space				

HOW SAMPLES ARE PREPARED?



HOW SAMPLES ARE PREPARED?

Sample

proteins/
macromolecular
complexes

Biochemically
homogeneous

Biochemically
heterogeneous

cells/tissues/
organisms

Structurally
homogeneous

Structurally
heterogeneous

**Sample
Preparation**

2D/3D
crystallization

Helical
assembly

Single particle
isolation

Serial sectioning

Cryo embedding

**EM
technique**

Electron
crystallography

Helical
reconstruction

Single particle
analysis

Electron
tomography

FIB-SEM/cryoET

**Resolution
range**

1 Å

1 nm

1 μm

1 mm

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FIB-SEM/cryoET

**Resolution
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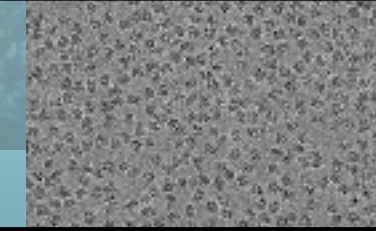
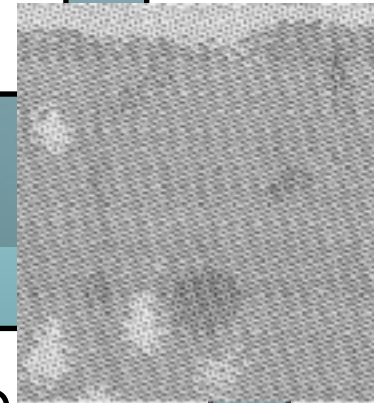
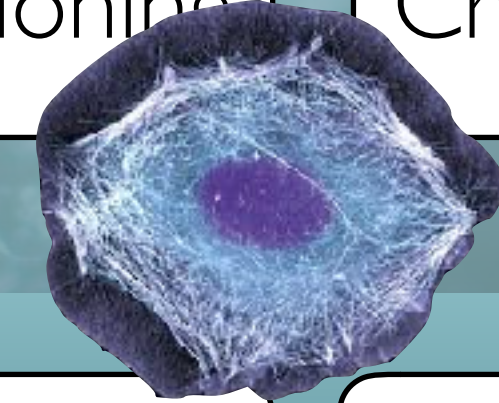
Structural biology continuum

1 Å

1 nm

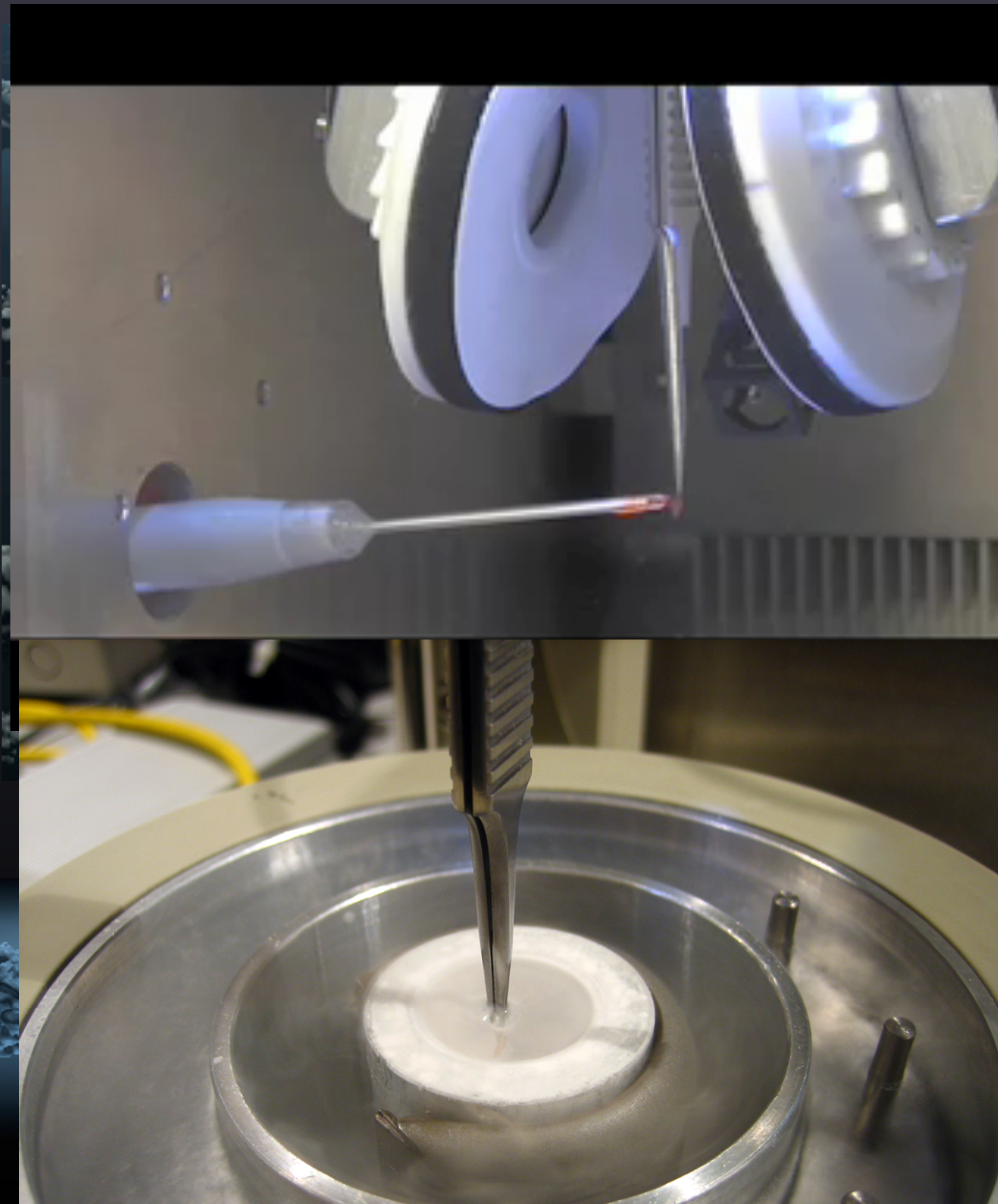
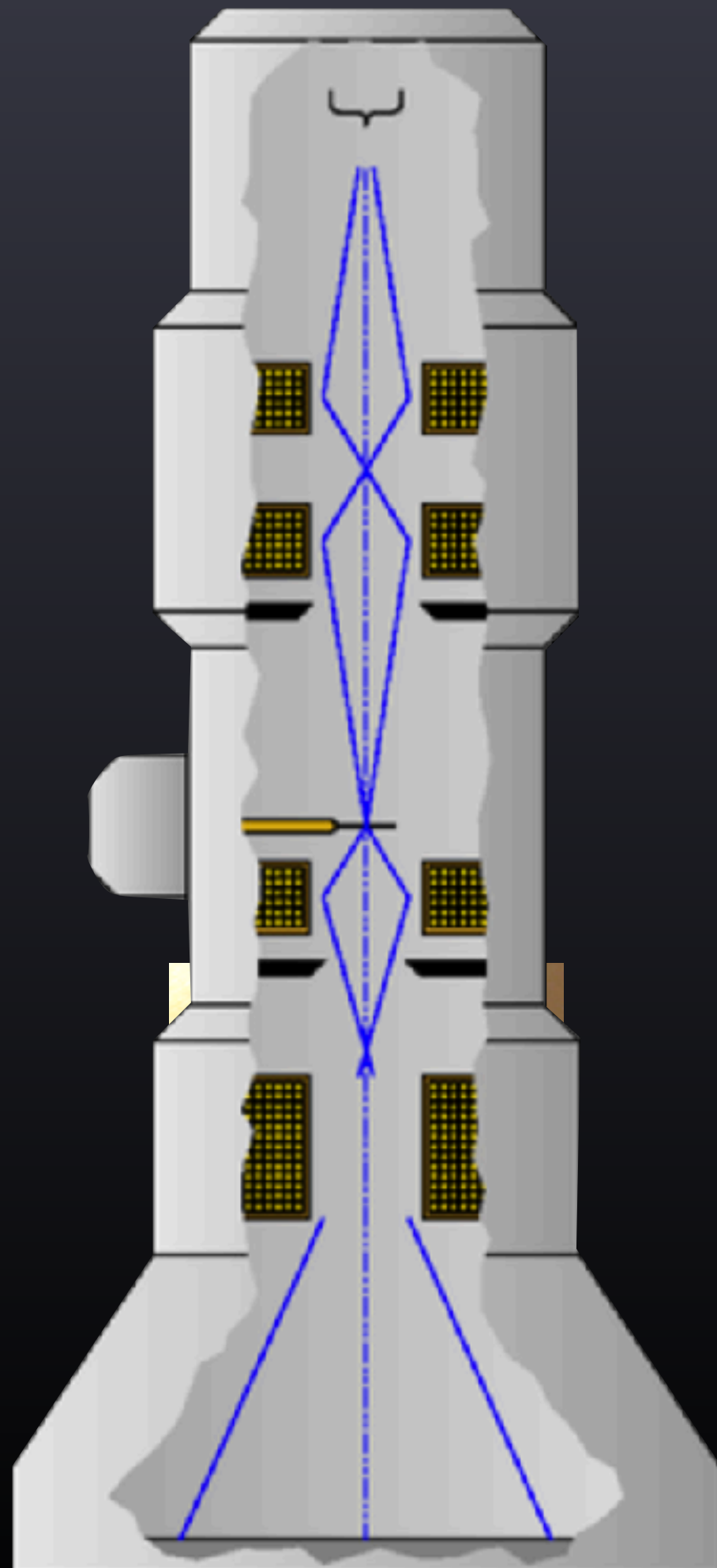
1 μm

1 mm



HOW SAMPLES ARE PREPARED?

Vitrifying a biological sample



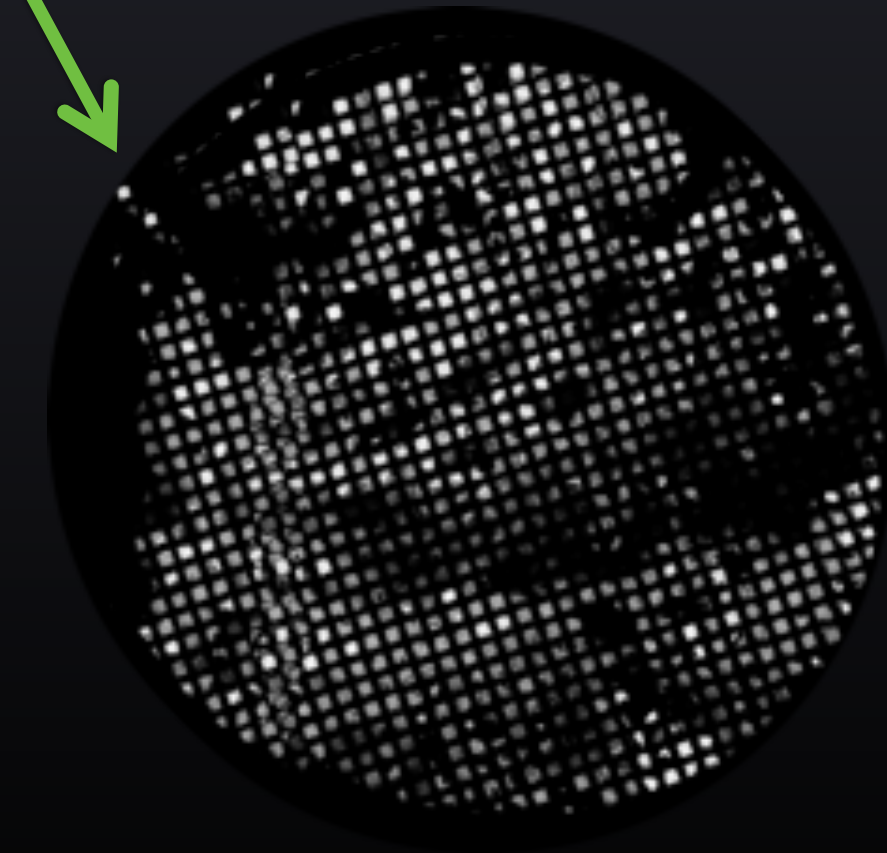
>99.999%



<0.001%

~3 μ l

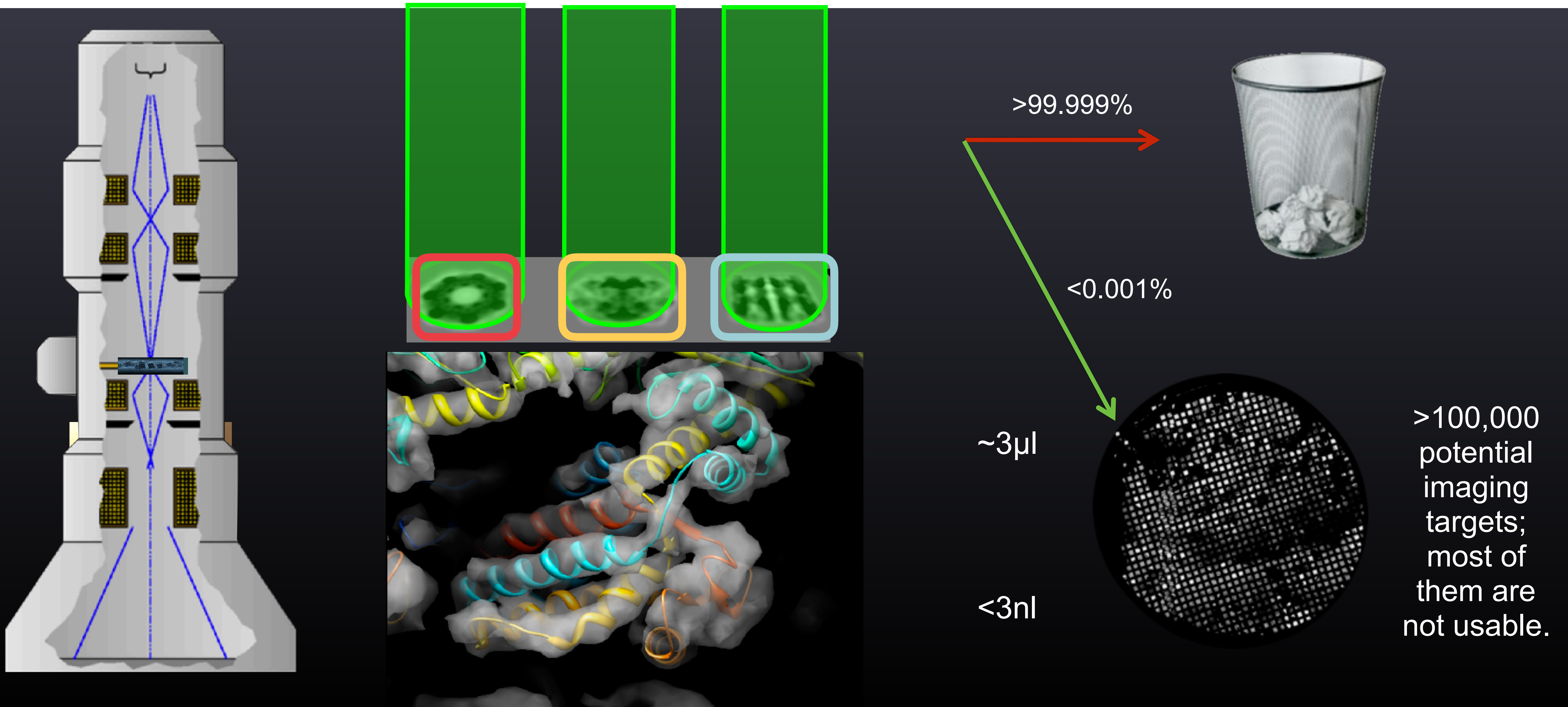
<3nl



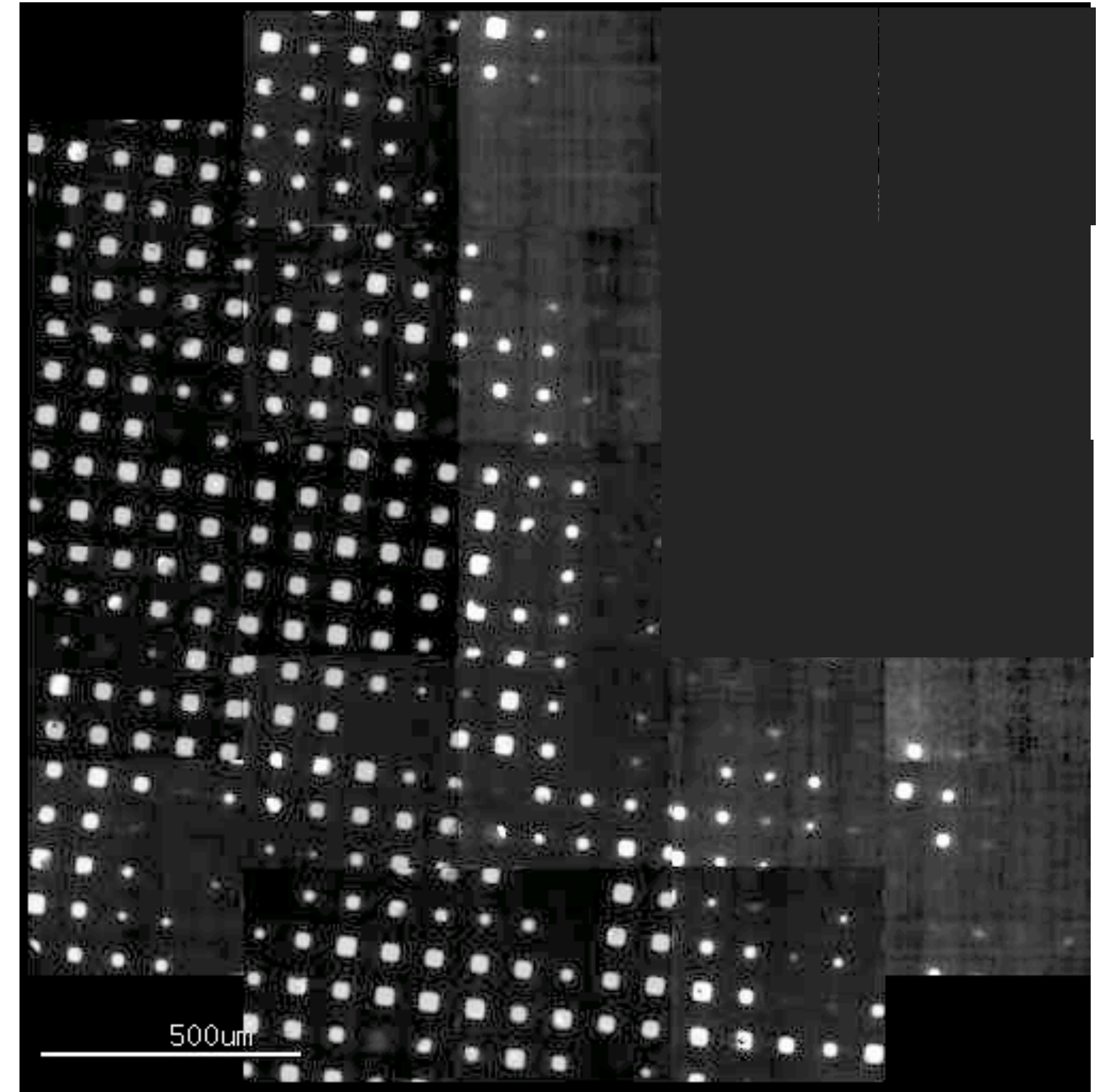
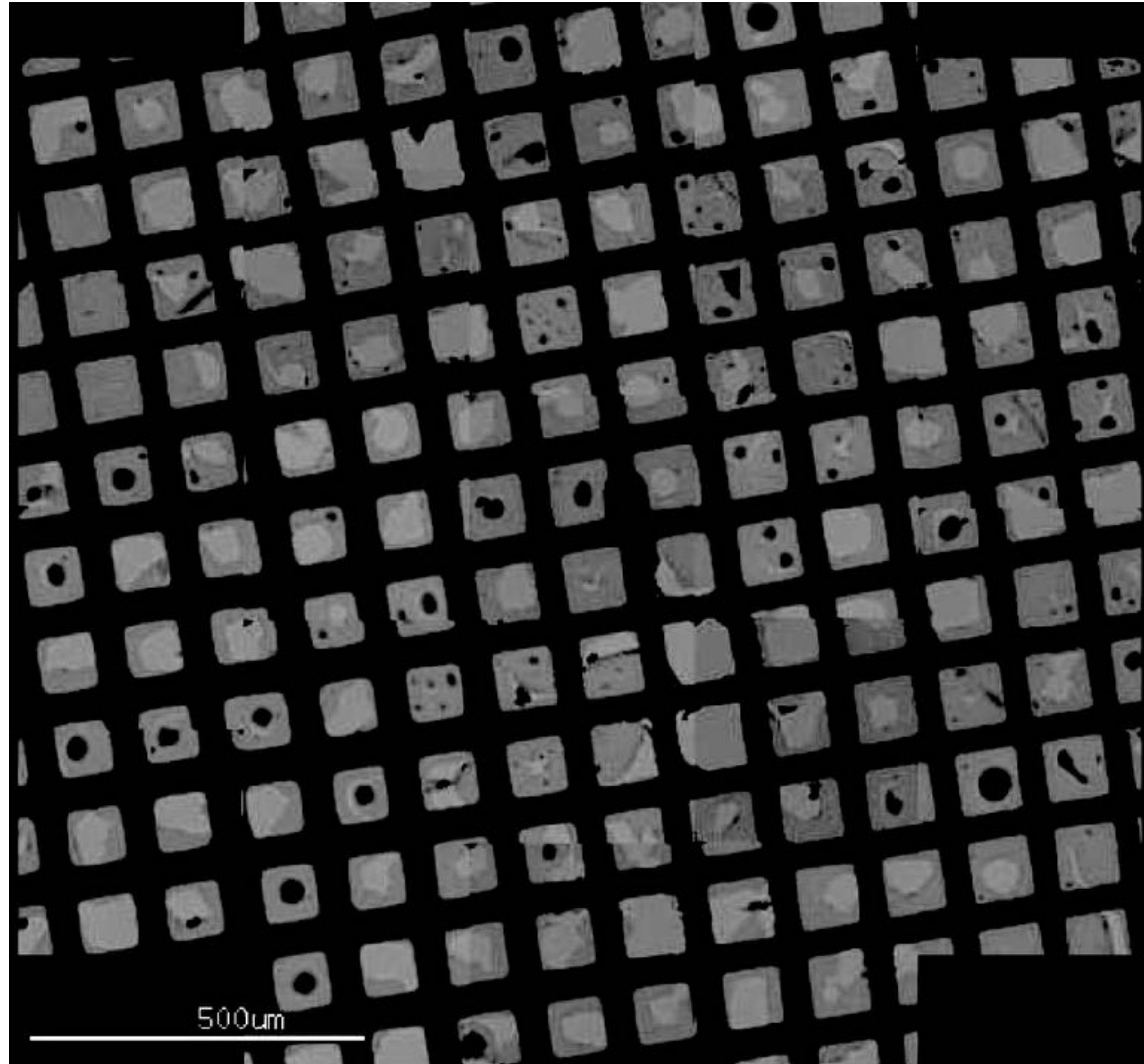
>100,000 potential imaging targets; most of them are not usable.

HOW SAMPLES ARE PREPARED?

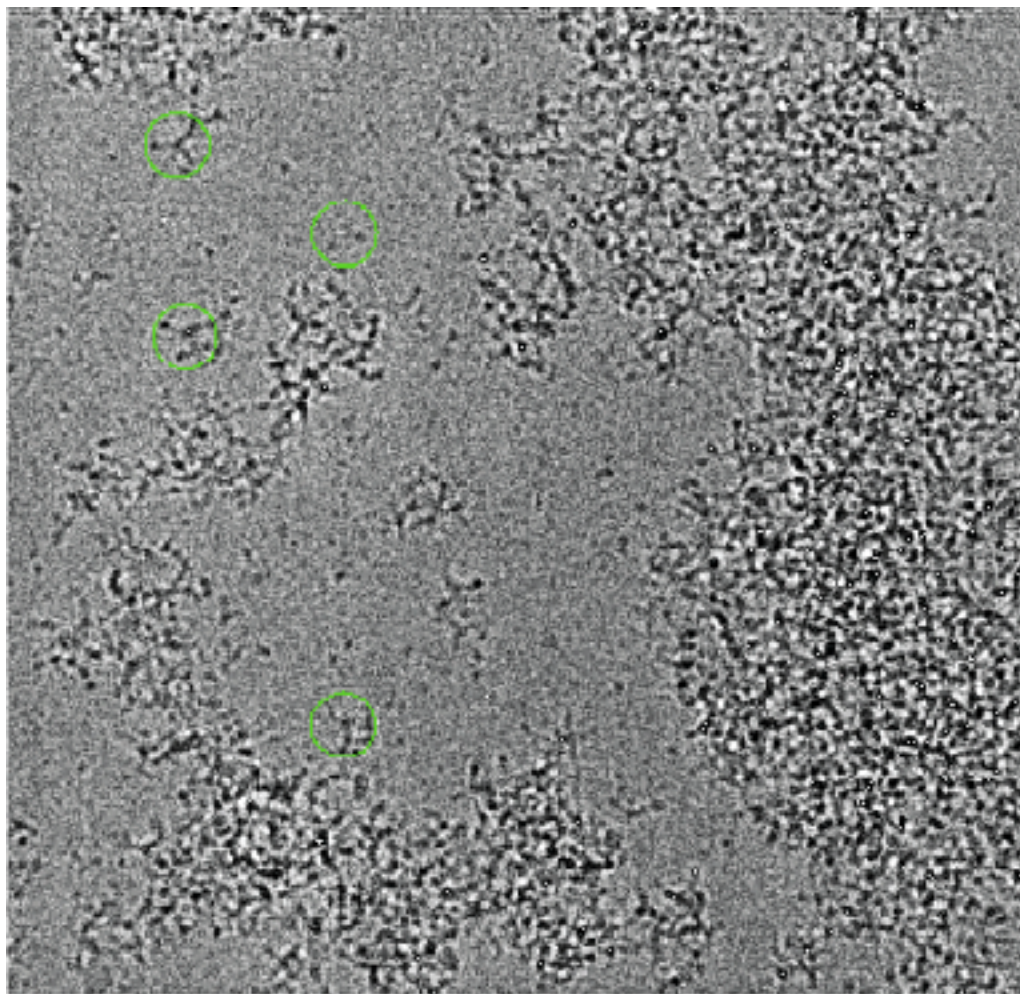
Vitrifying a biological sample



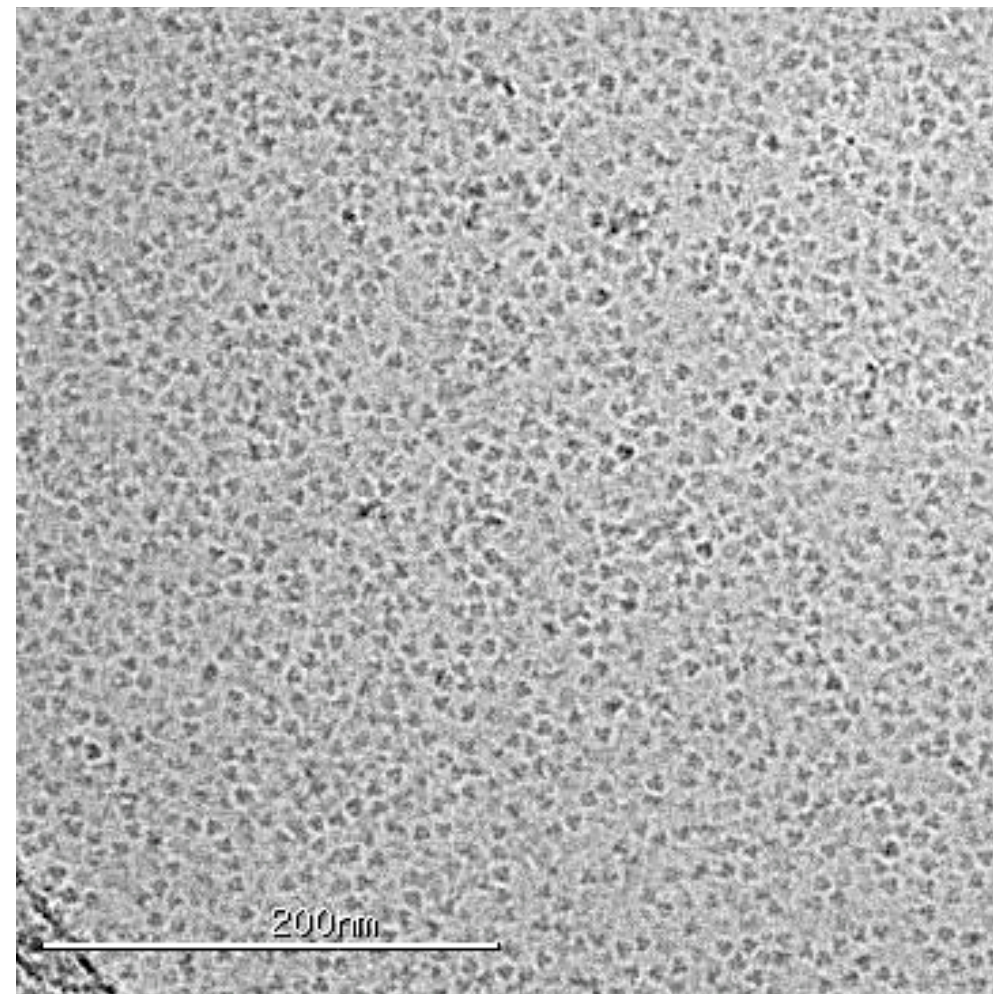
WHAT DO GRIDS LOOK LIKE?



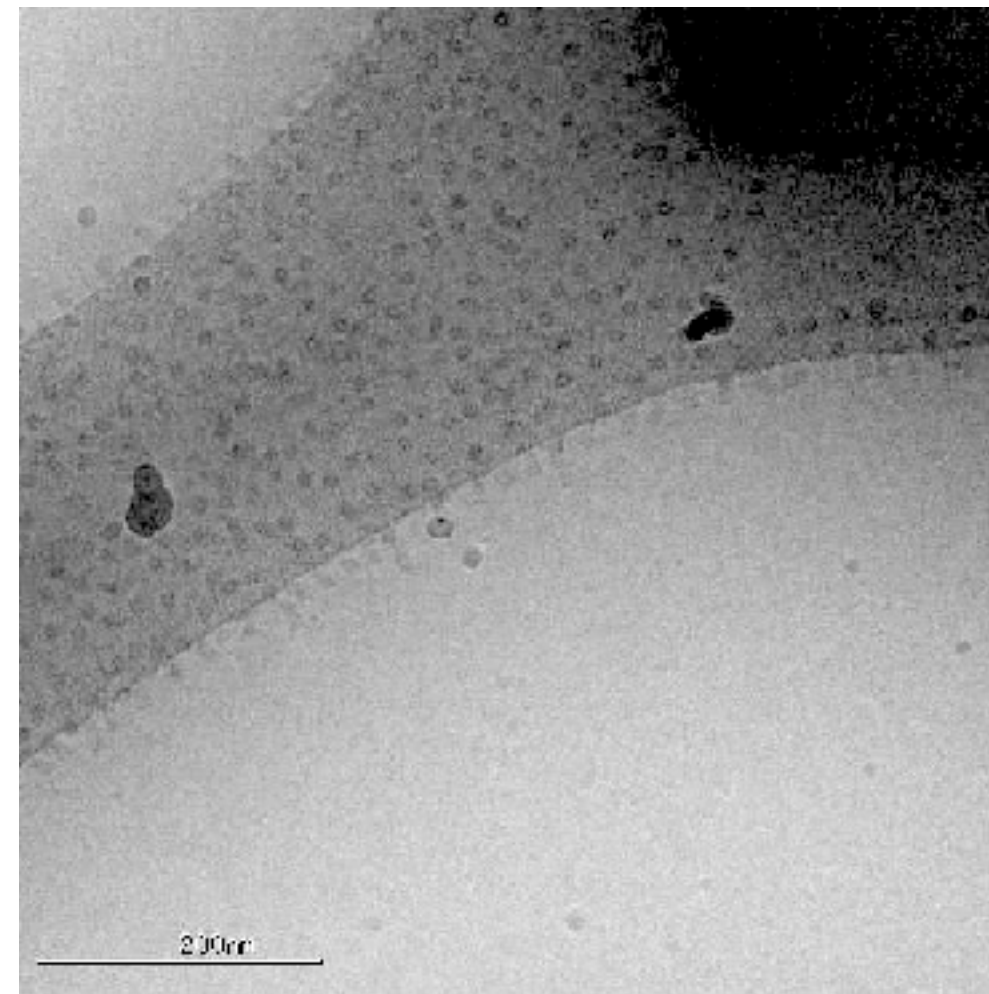
WHAT ISSUES ARISE?



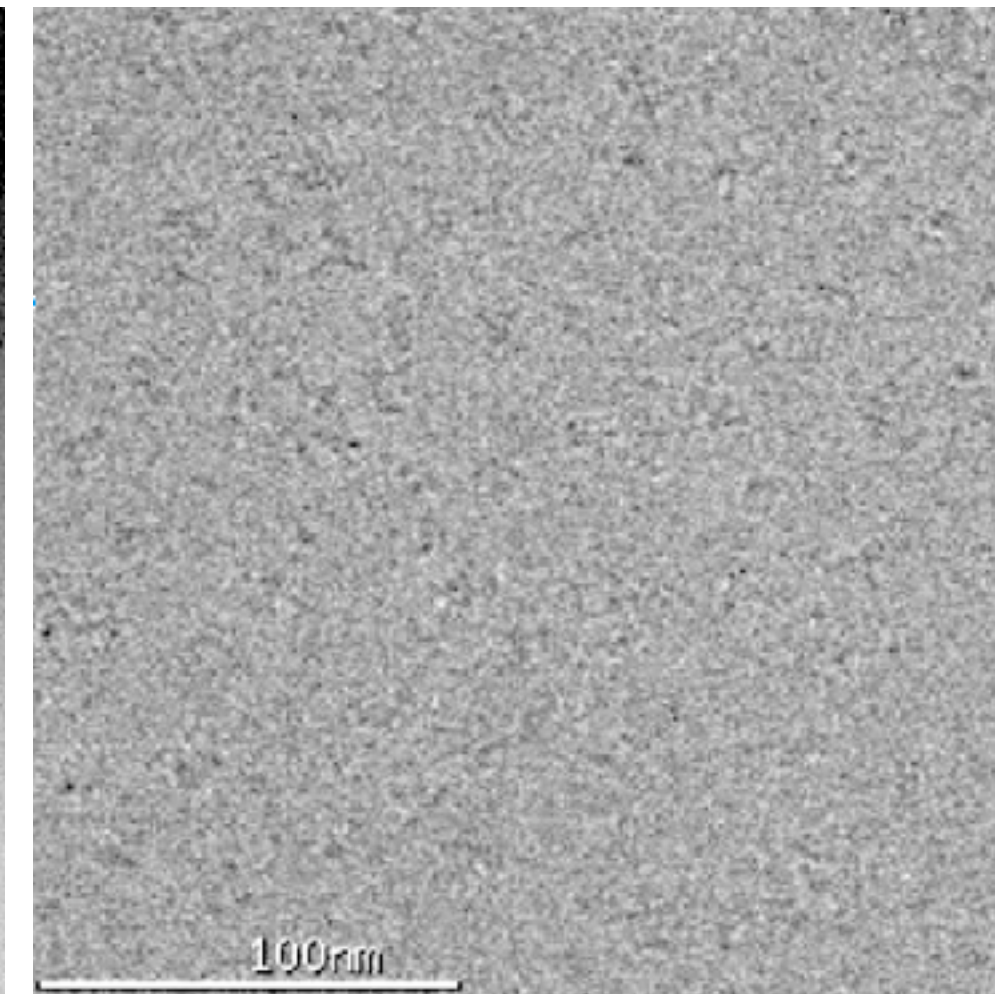
Aggregating in ice



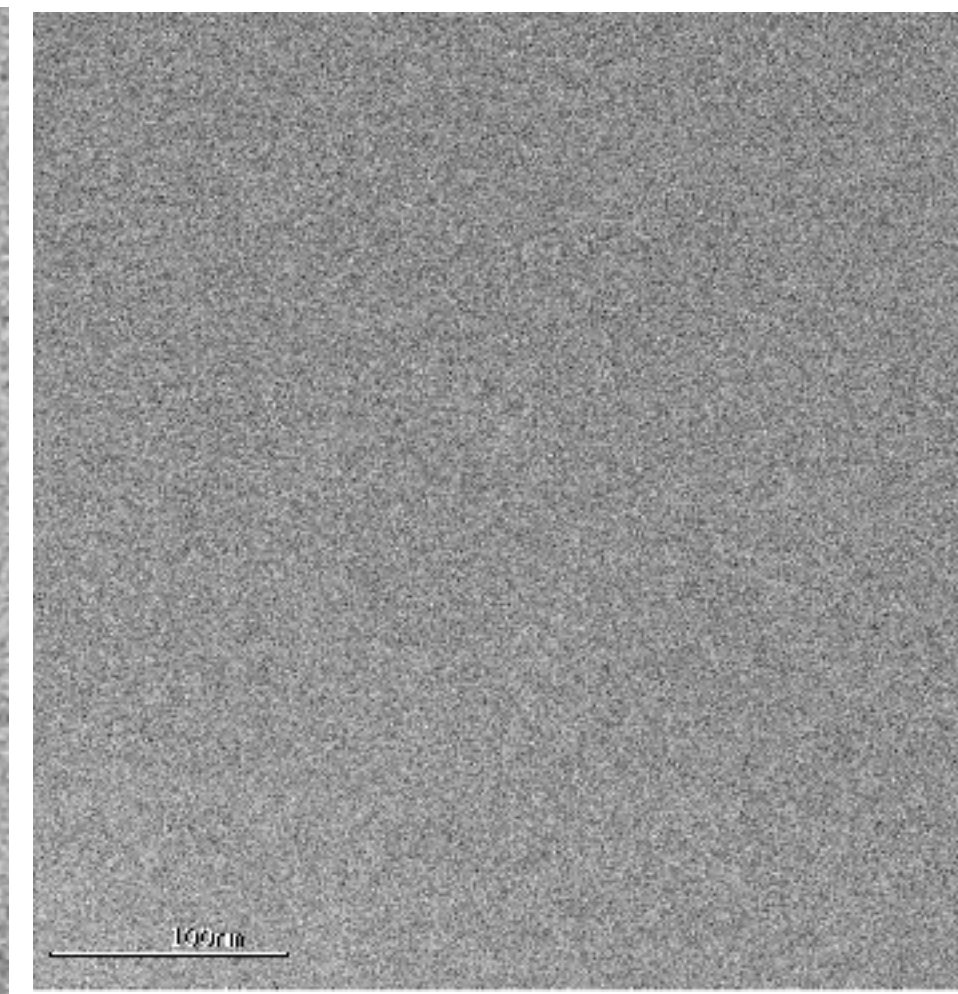
Preferred orientation



Particles not going into holes



Rejecting 90% of particles



Particles disappearing in ice

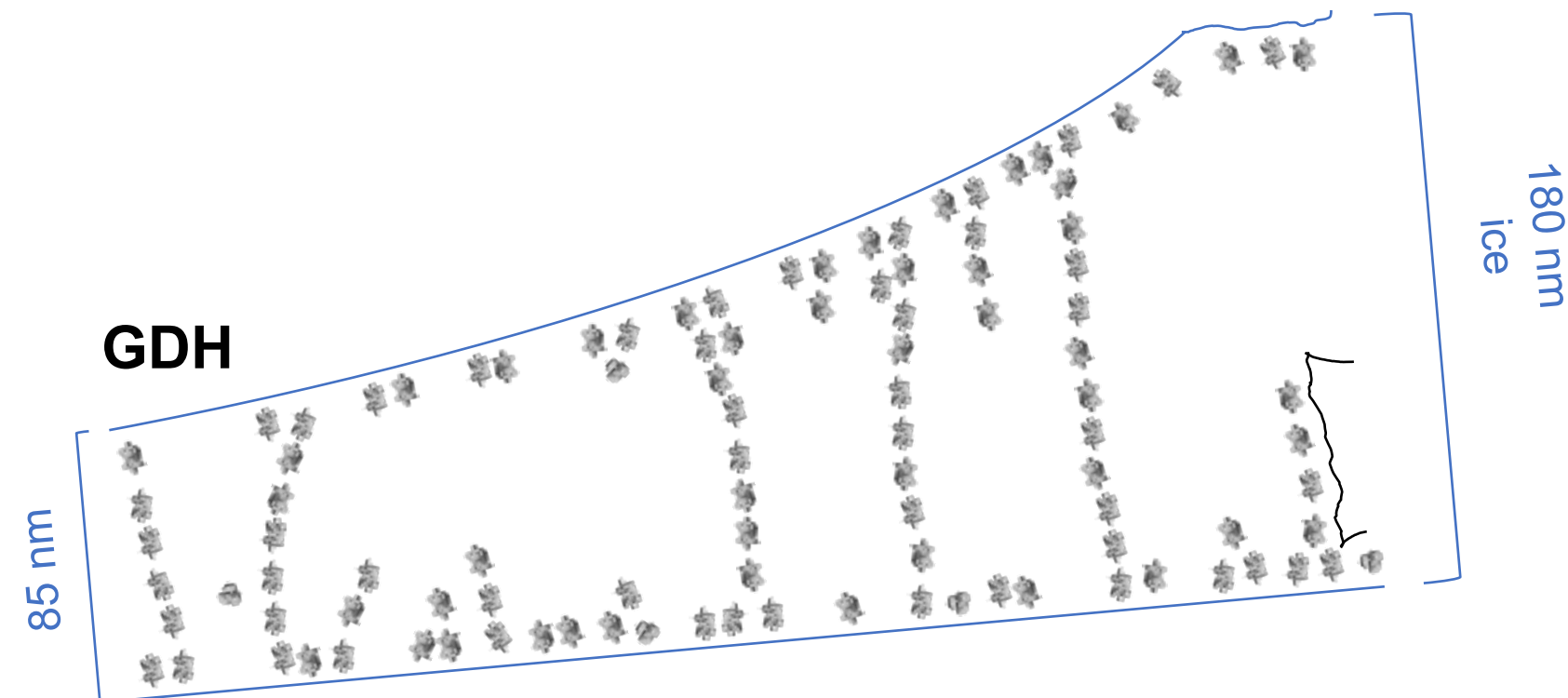
WHAT ISSUES ARISE?



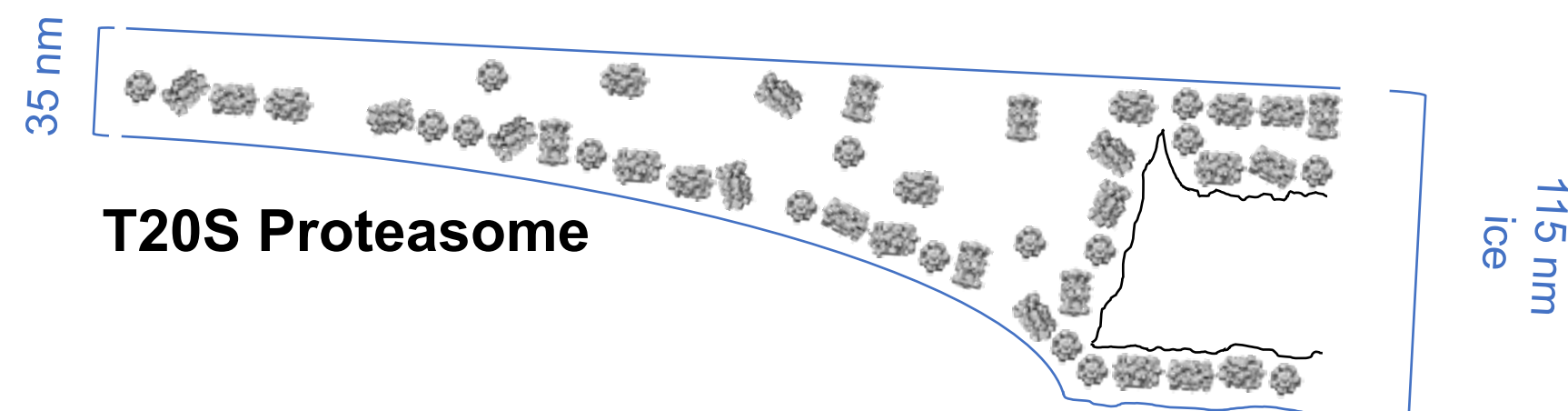
Hemagglutinin



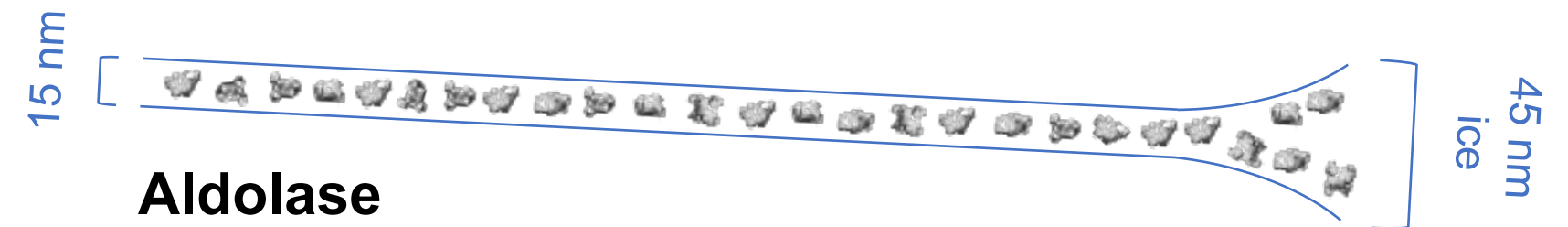
Hemagglutinin



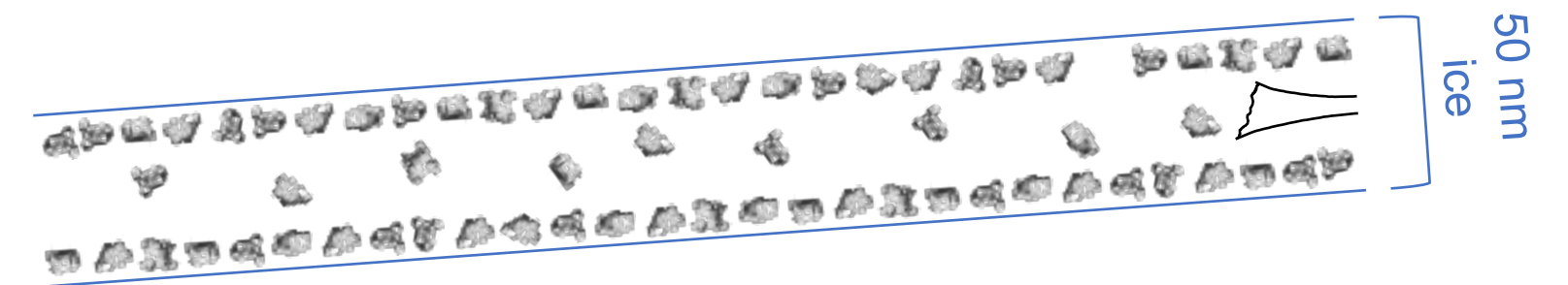
GDH



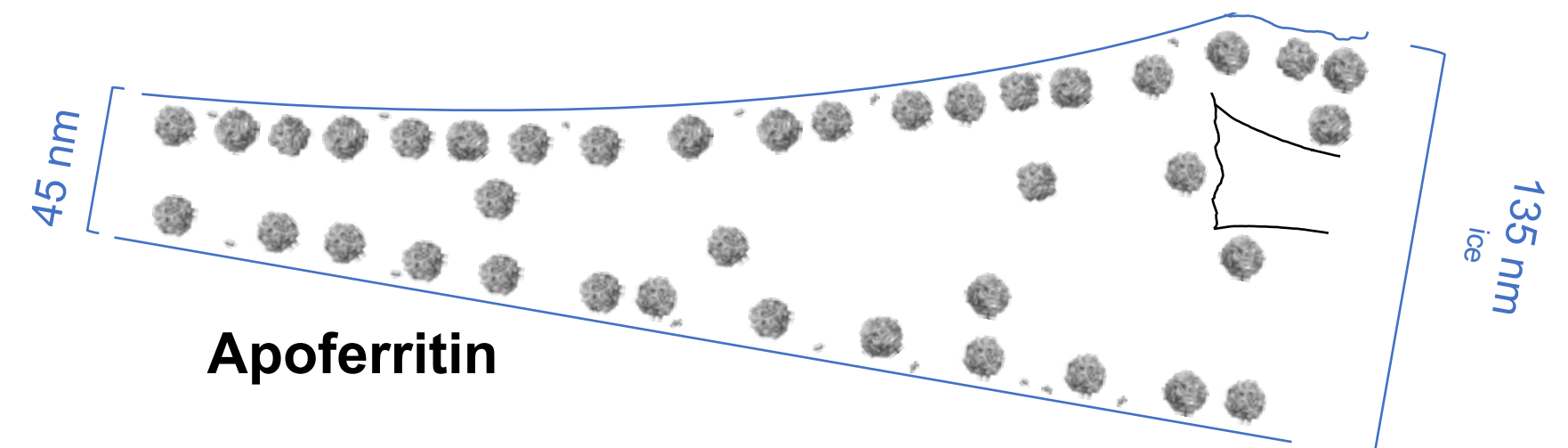
T20S Proteasome



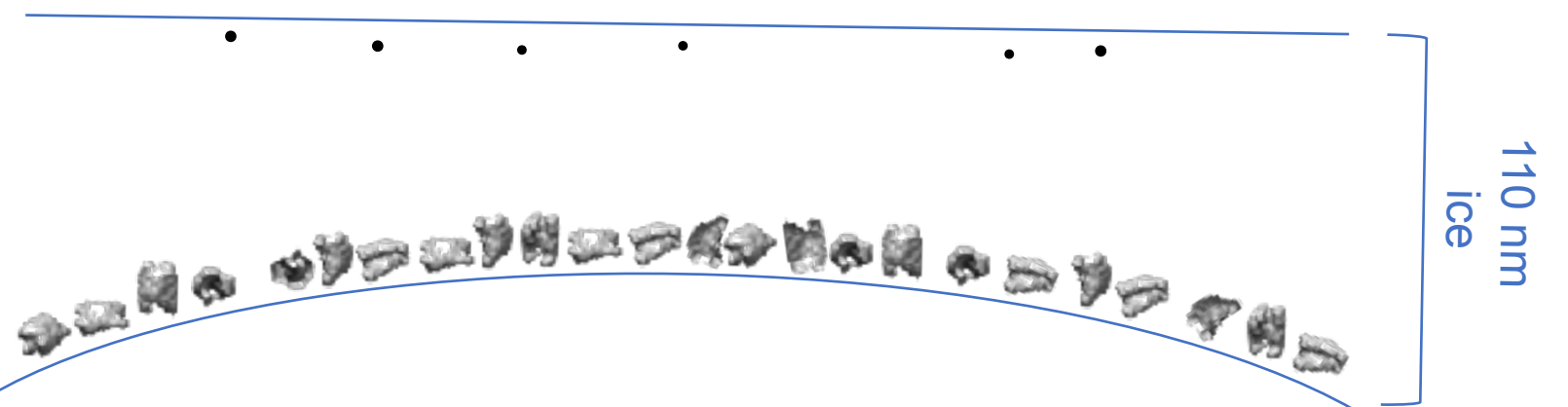
Aldolase



Aldolase



Apoferritin



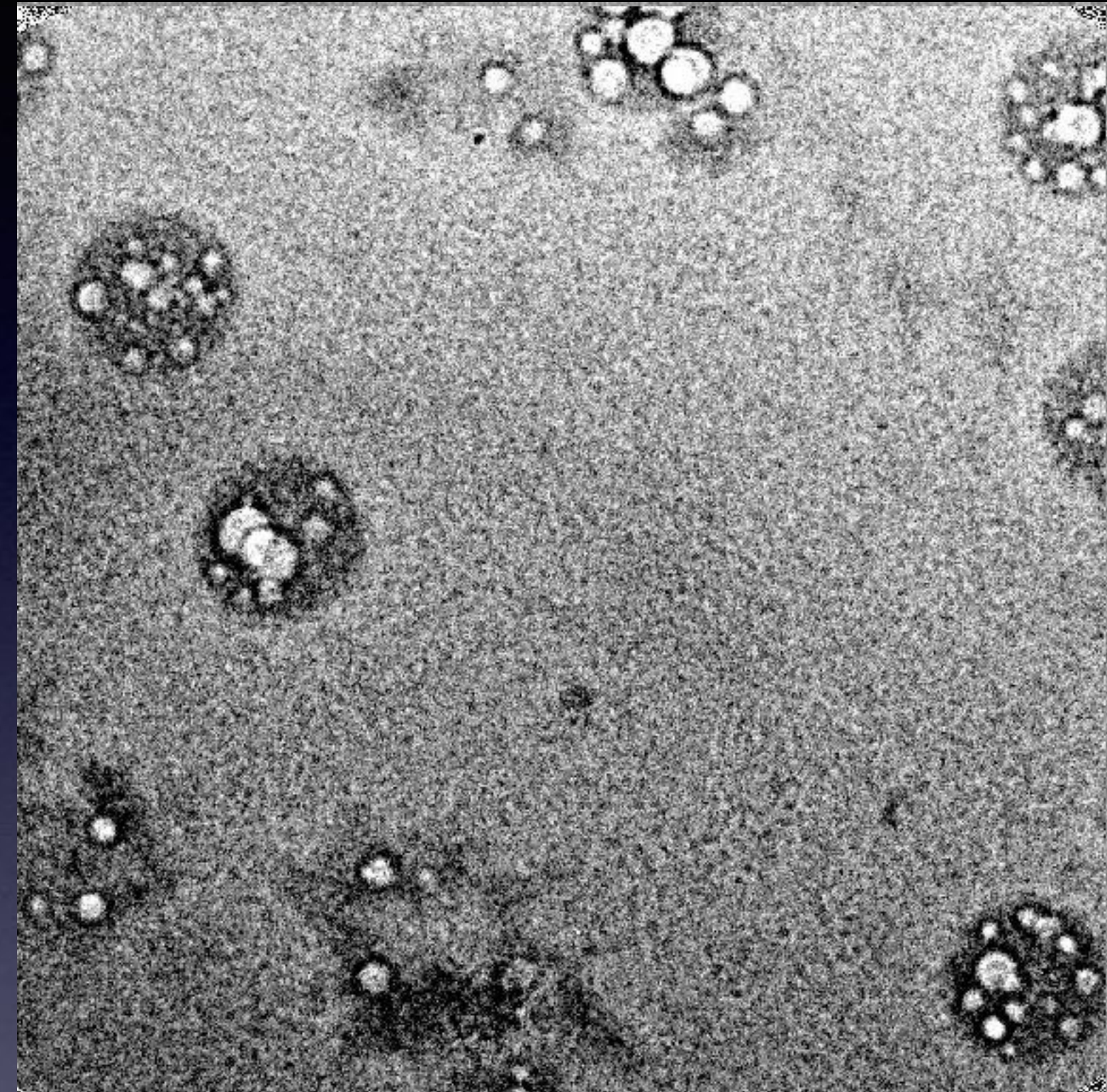
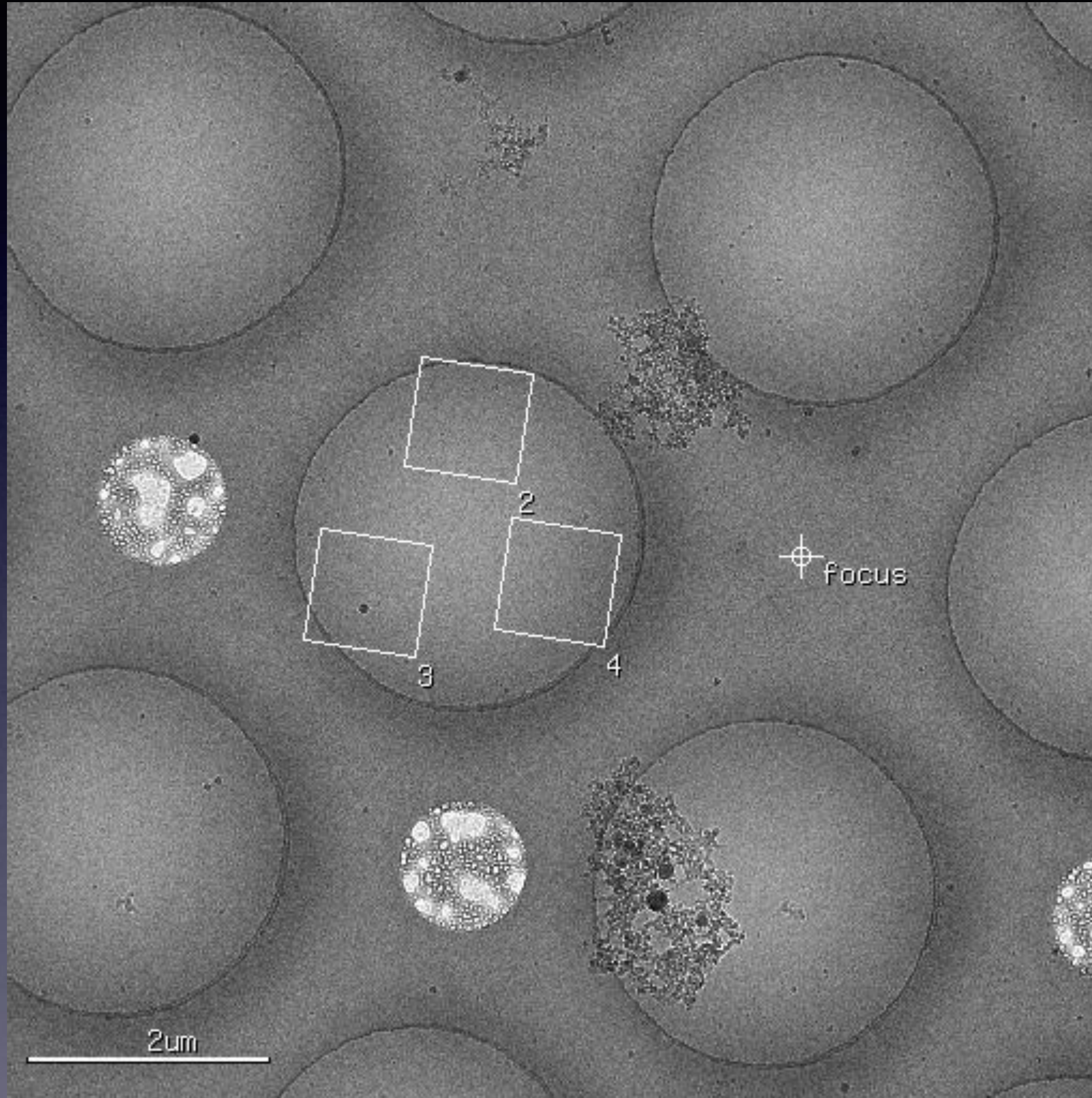
DNAB Helices

Noble AJ, et al.
Routine single
particle CryoEM
sample and grid
characterization
by tomography.
Elife. 2018;7.



Alex Noble

Challenges of CryoEM: Radiation damage

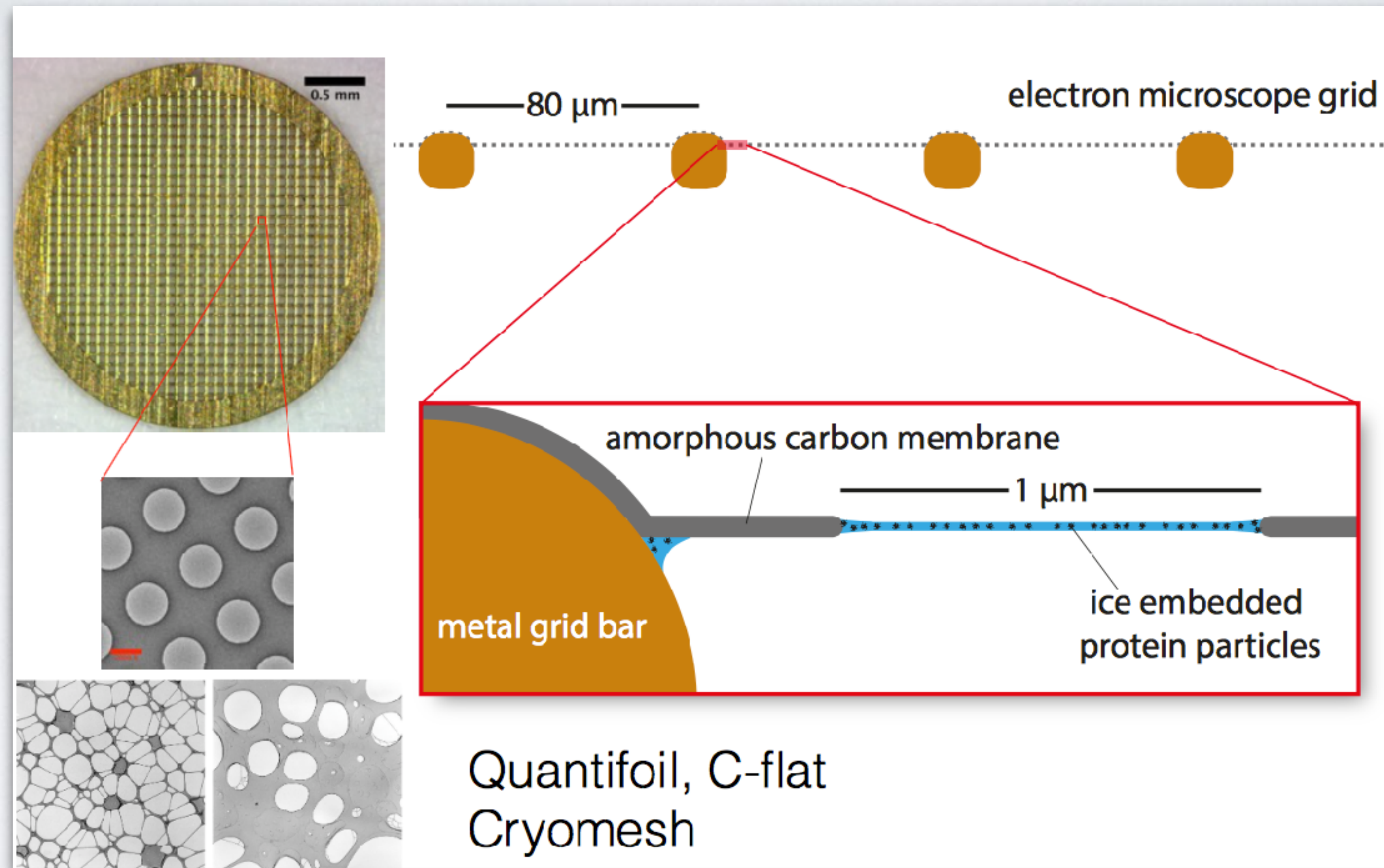


“Low-dose” imaging

TRADITIONAL SUBSTRATES FOR CRYO-EM

- Proteins interact with surfaces present during the blotting process
 - ➡ Denaturation of proteins, preferential orientations
- Electron radiation induces motion of the particles and substrates
 - ➡ Image blurring
- Additional layer of carbon reduces signal to noise per particle
 - ➡ alignment more difficult
- Overall lack of reproducibility from grid to grid

TRADITIONAL SUBSTRATES FOR CRYO-EM



GOLD GRIDS

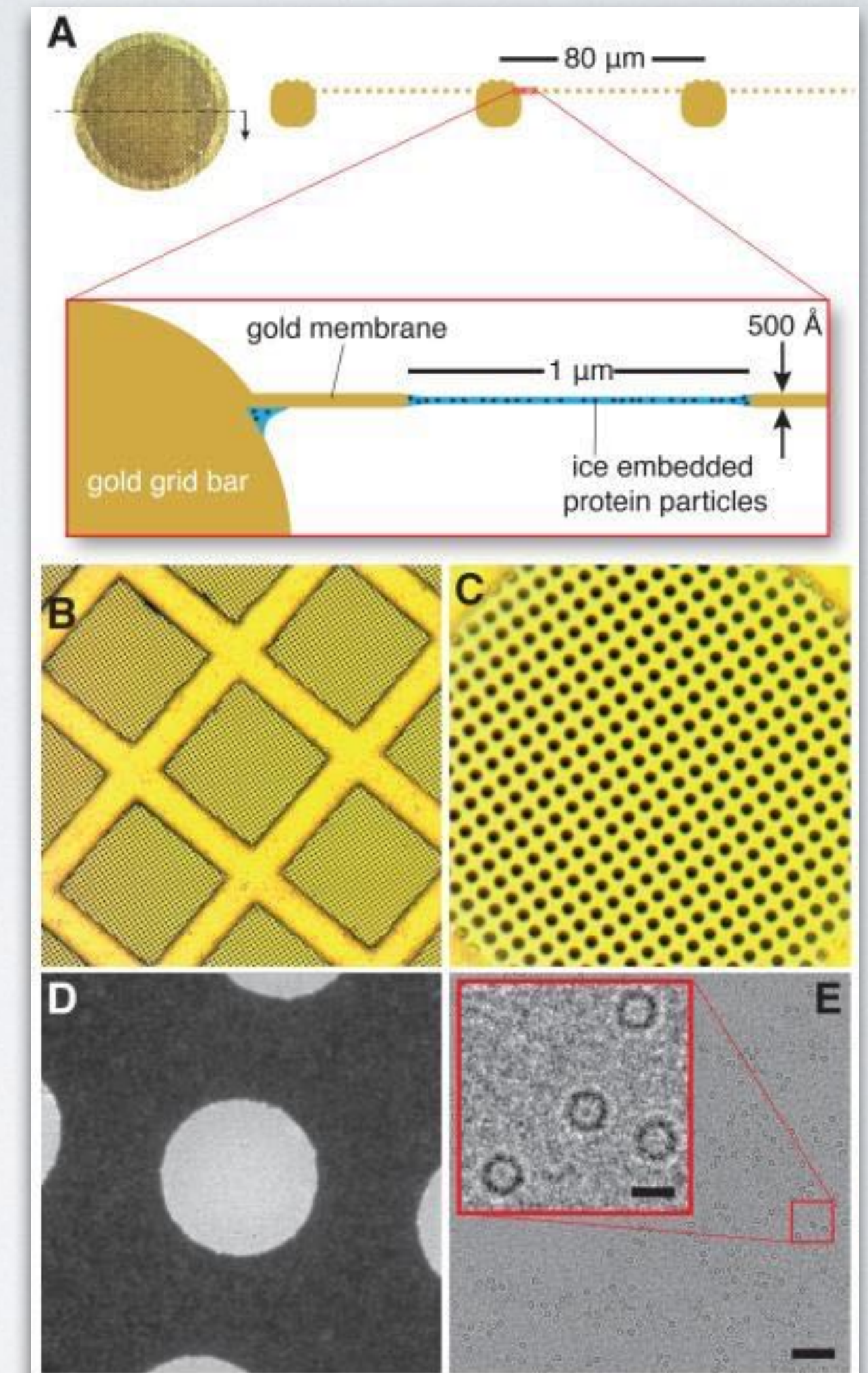
- Holey gold foil on gold mesh grid

Advantages:

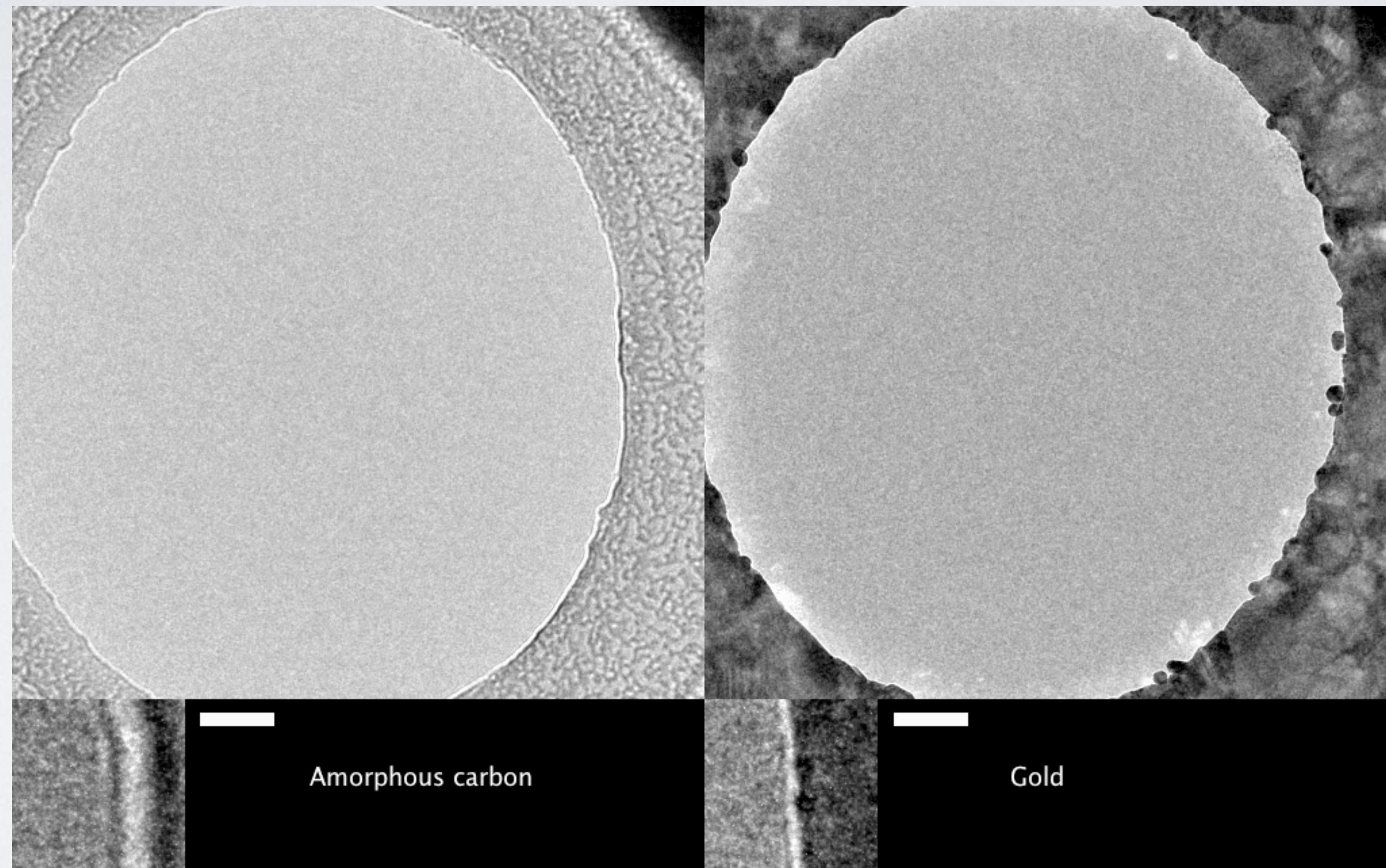
- Prevents differential thermal contraction when freezing
- Reduces beam-induced specimen movement
- Combined with direct detector technology allows for near atomic resolution

Disadvantages:

- Difficult to find focus due to lack of amorphous substrate



GOLD GRIDS



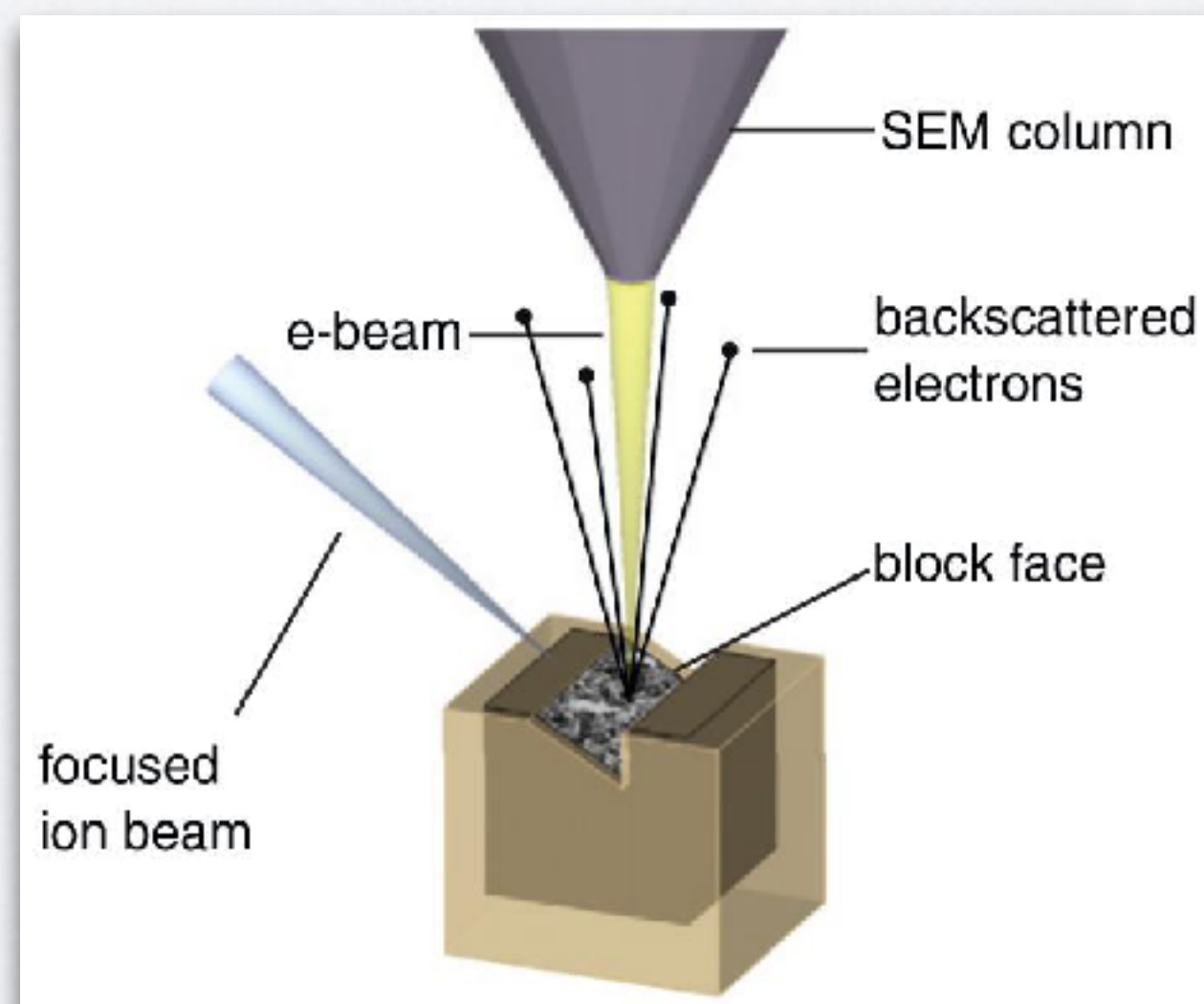
Russo & Passmore, 2015

FIB/SEM VS THIN SECTION SAMPLE PREP

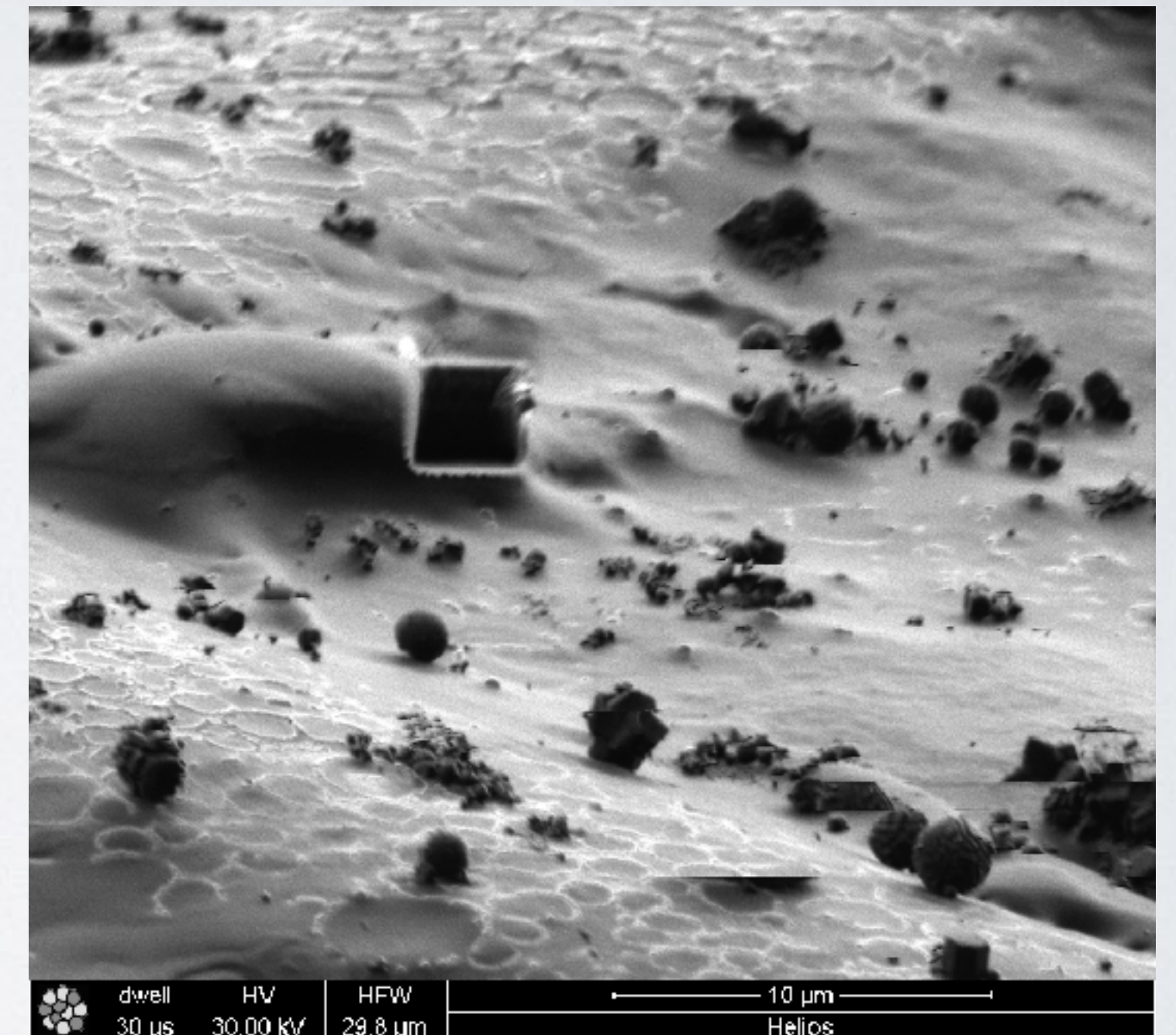
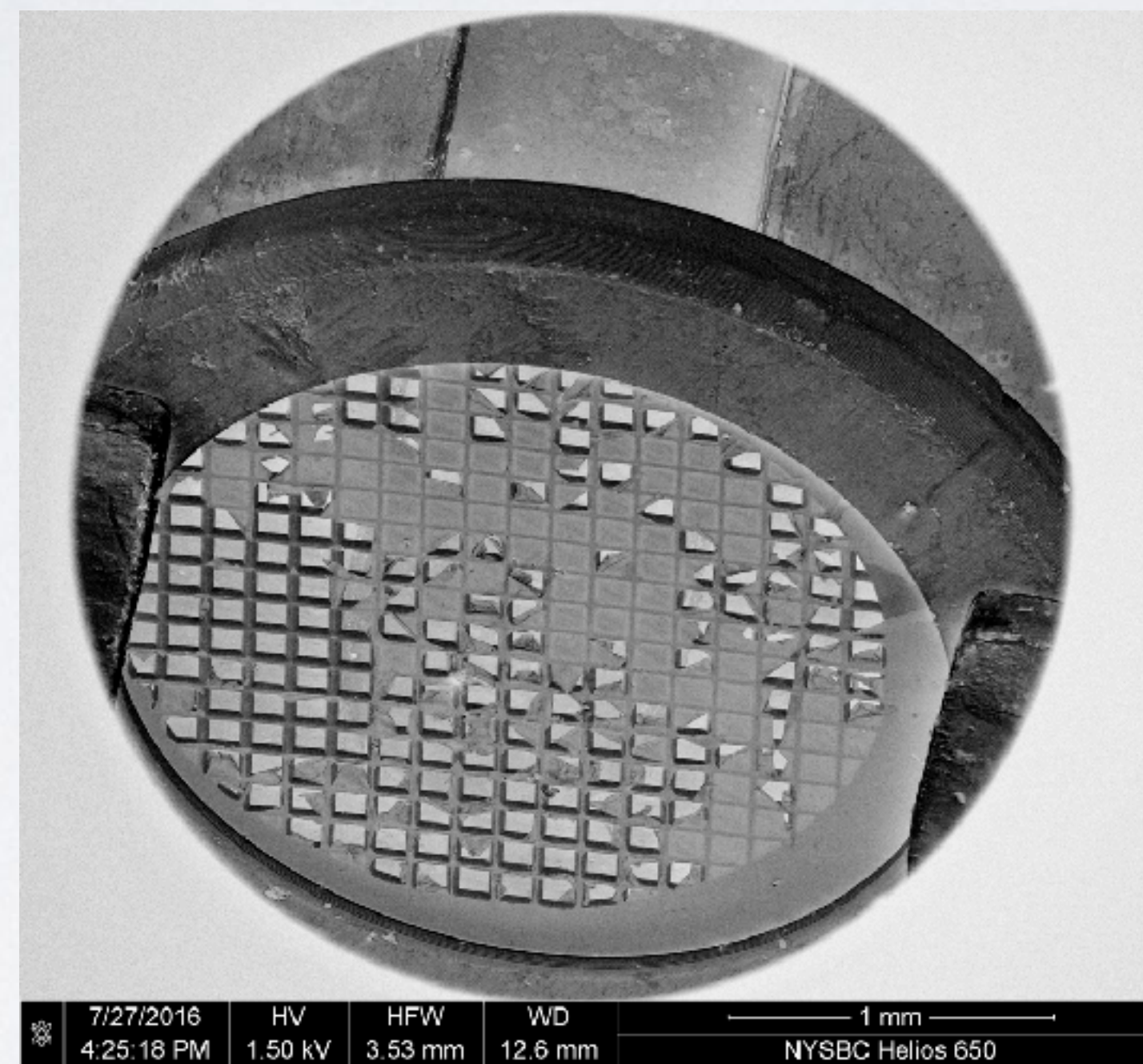
- Chemical fixation
- Staining
 - En bloc, enhanced contrast and electrical conductivity
- Dehydration
- Embedding
- Au/Pd coat
 - Conductivity

- Chemical fixation
- Dehydration
- Embedding
- Sectioning
- Staining

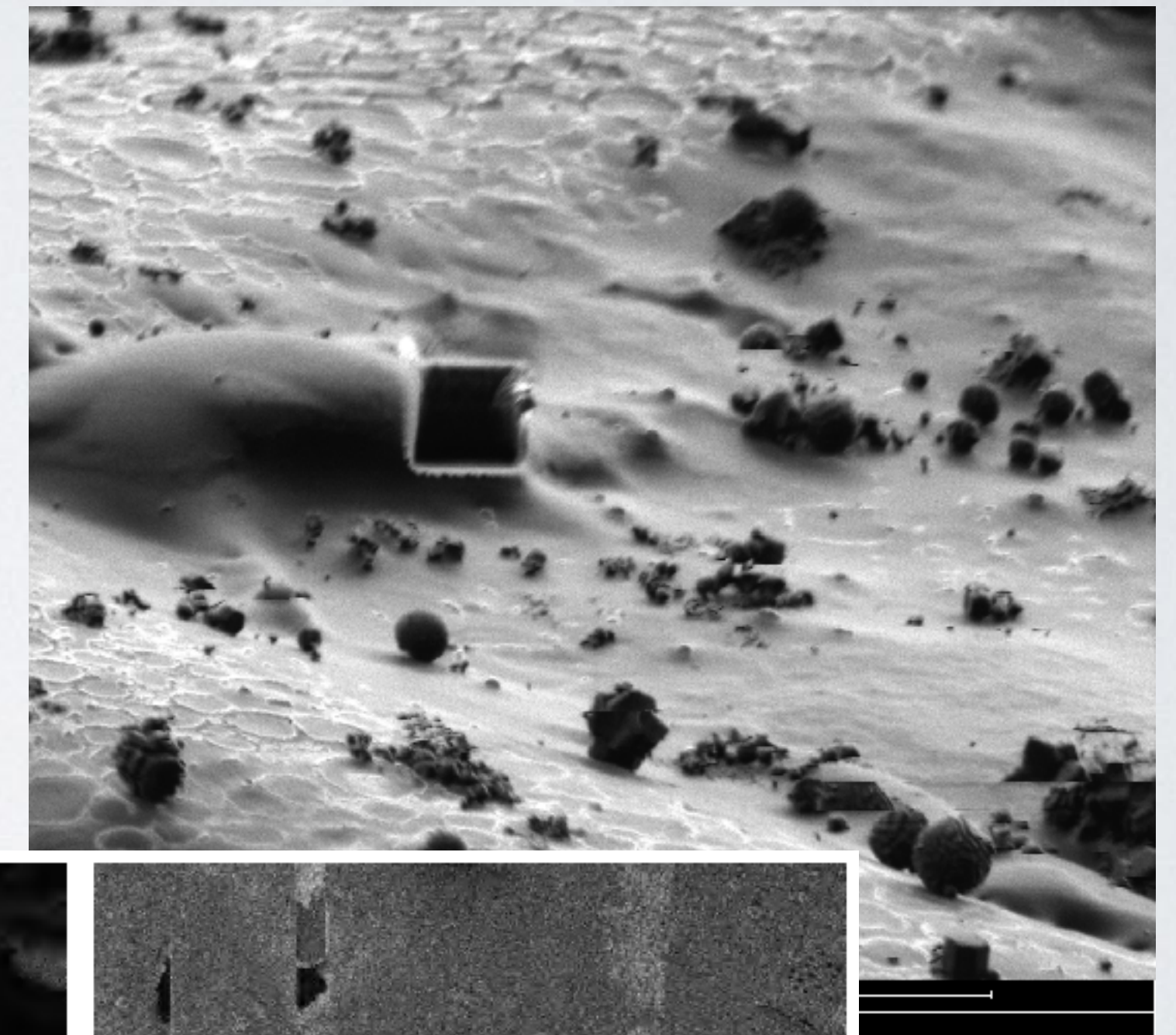
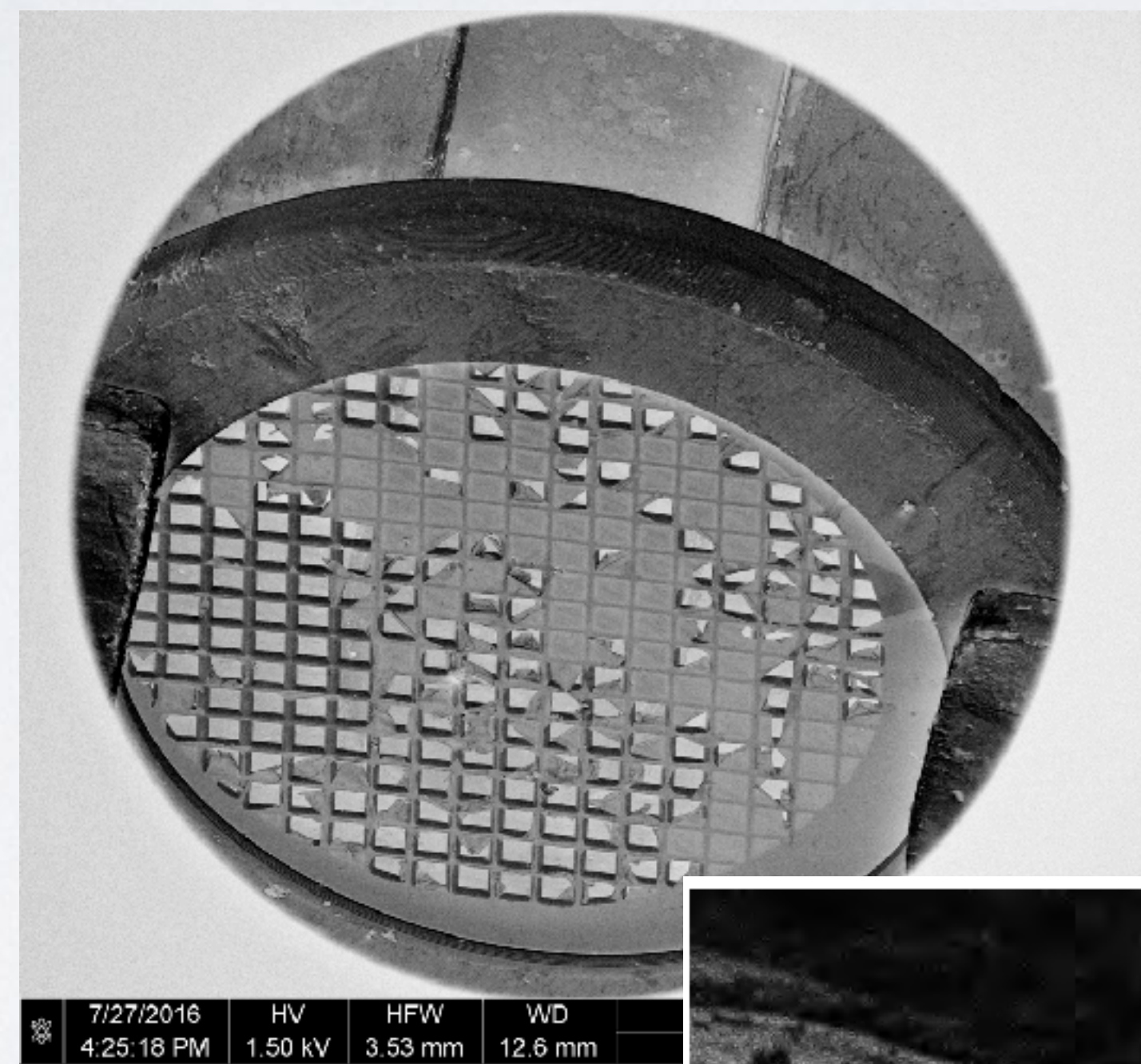
Cryofixation: High pressure freezing
Dehydration: Freeze substitution



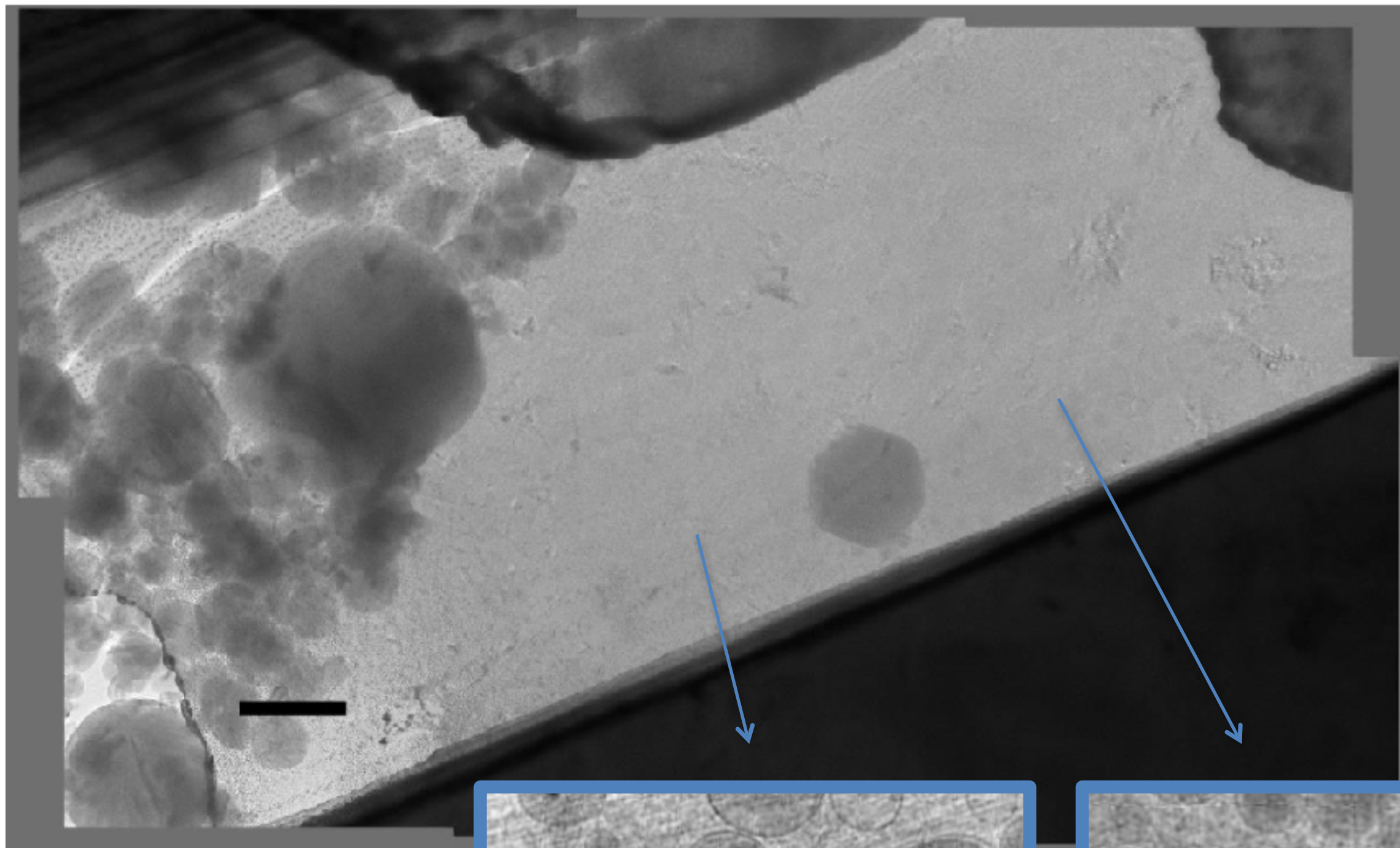
CRYO FIB MILLING



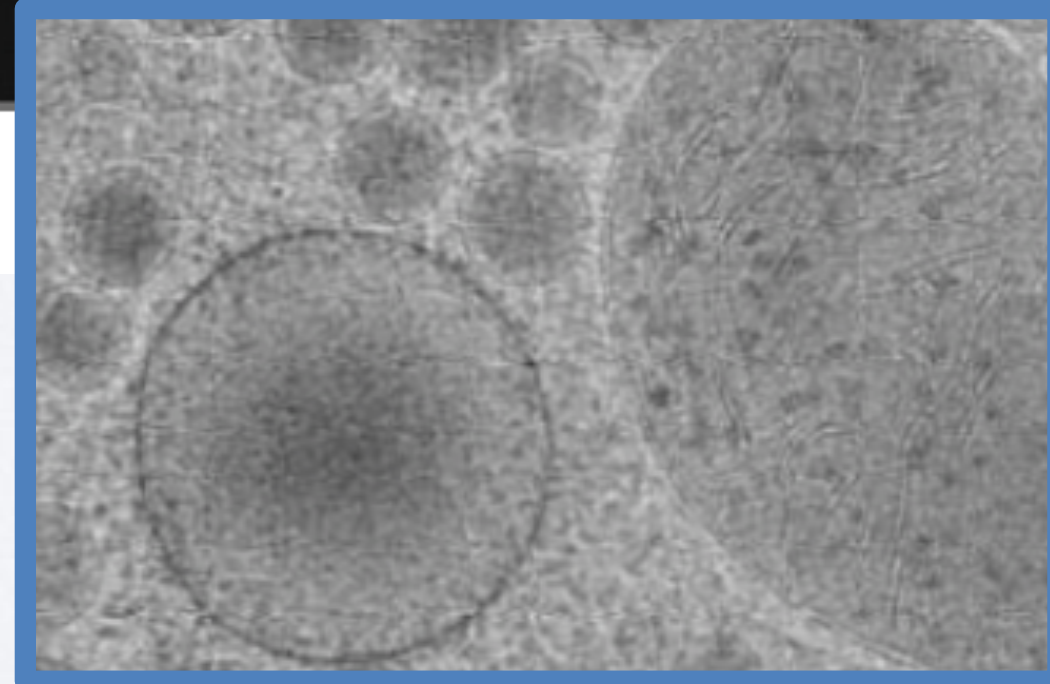
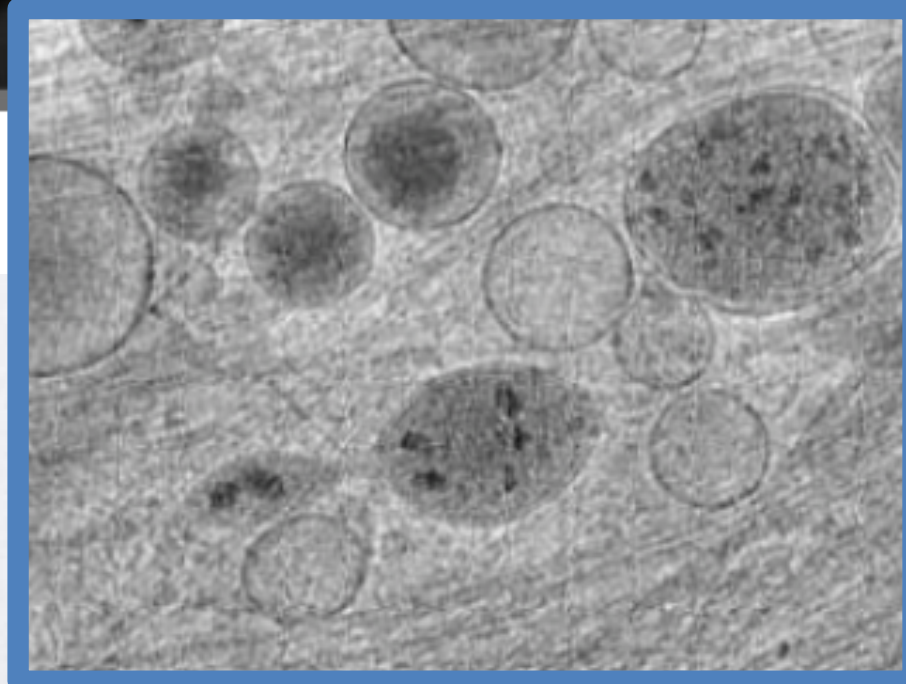
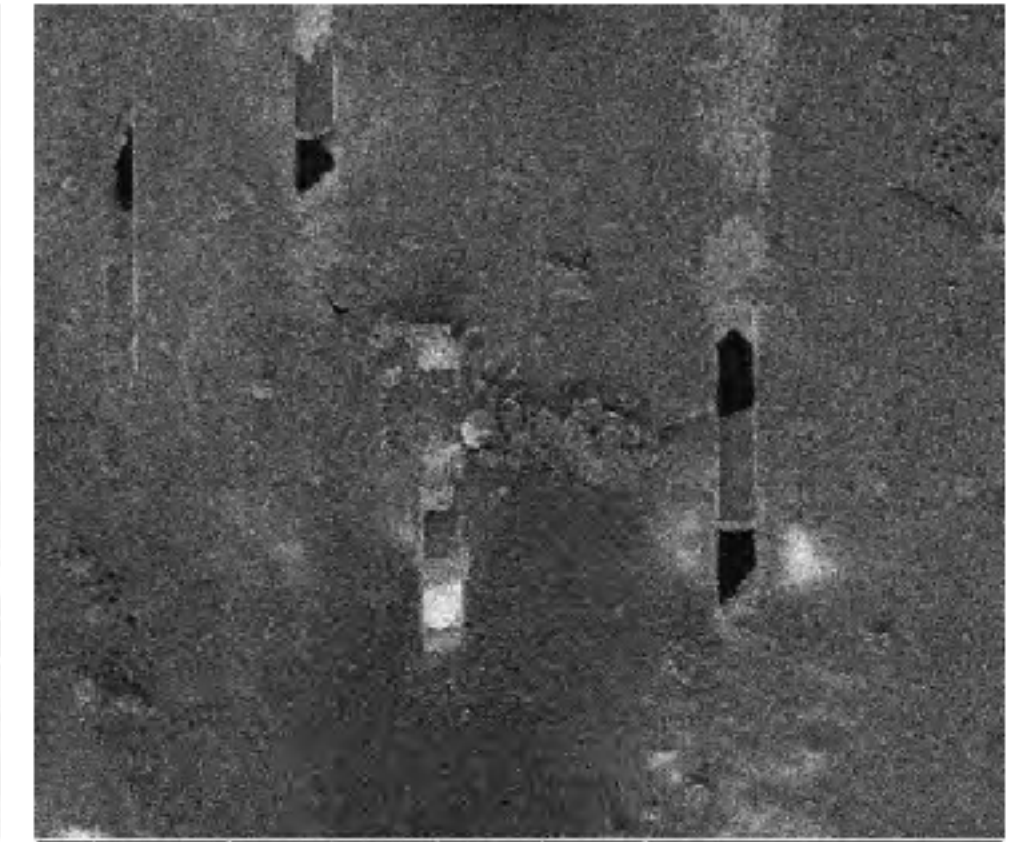
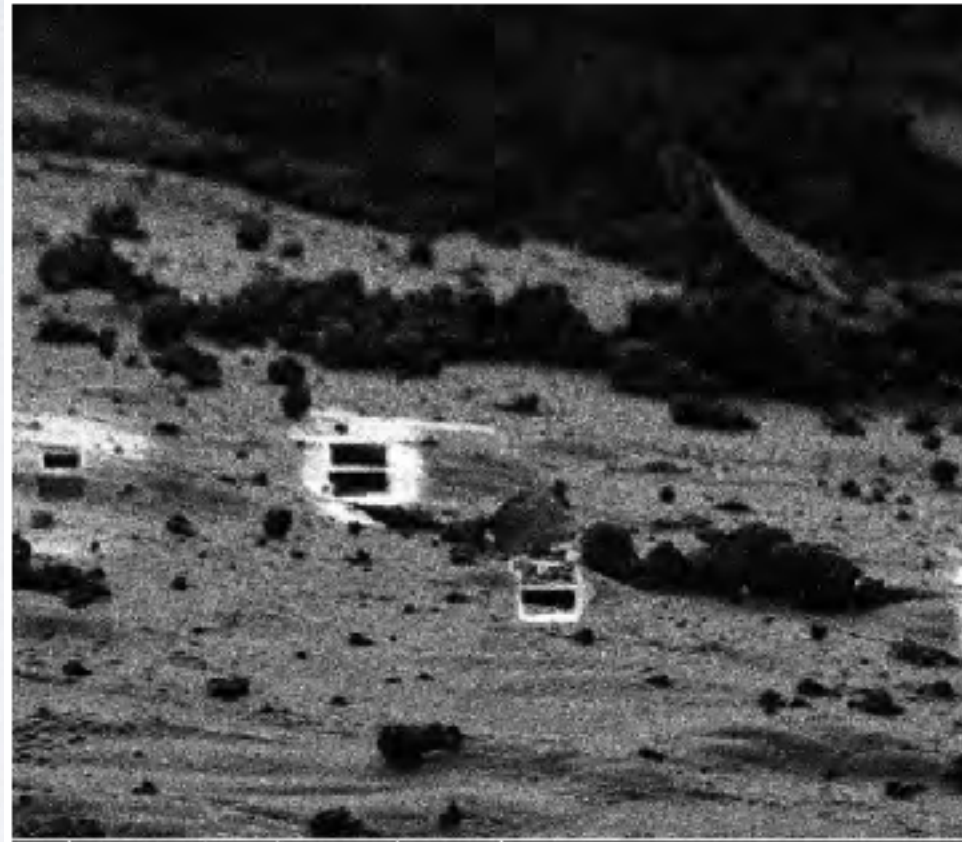
CRYO FIB MILLING



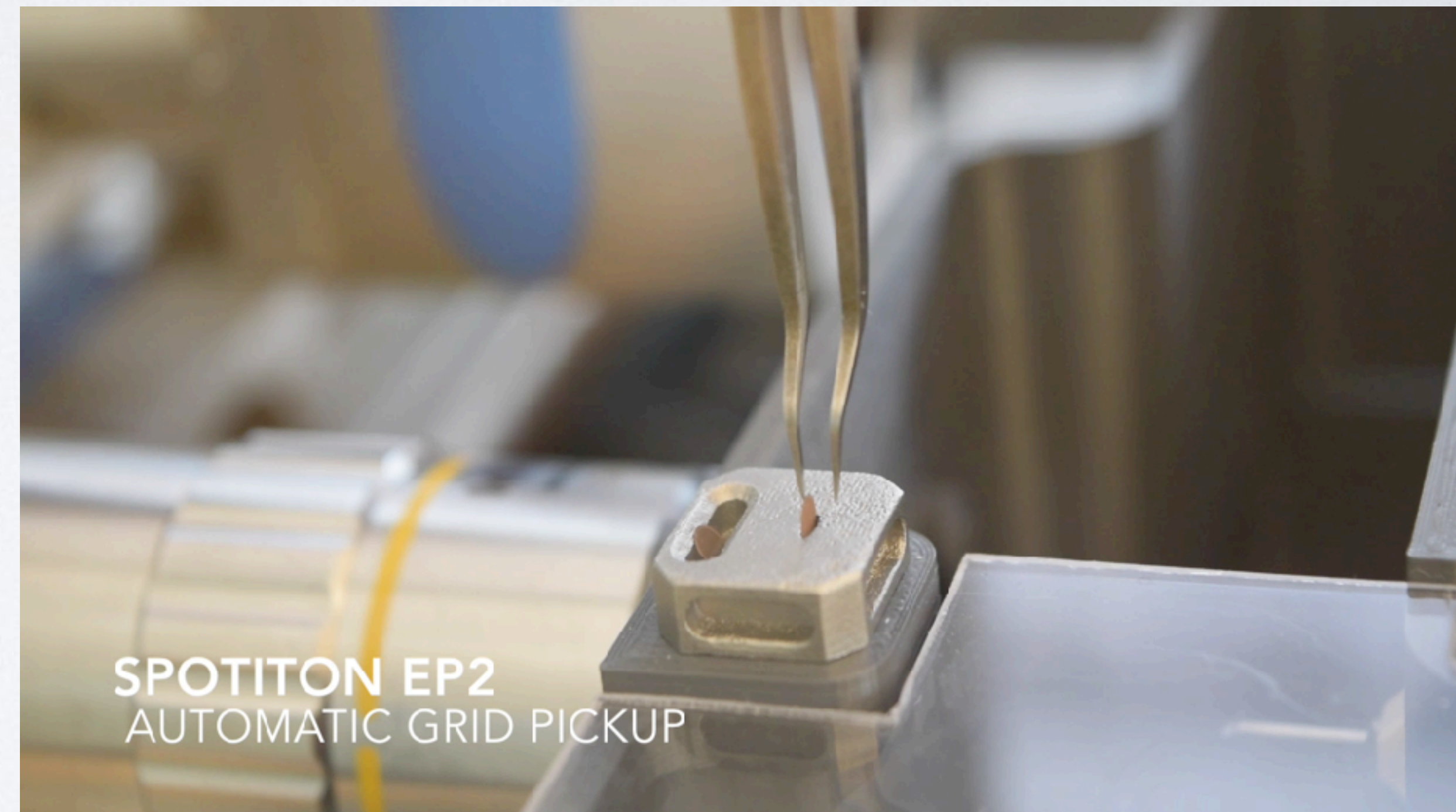
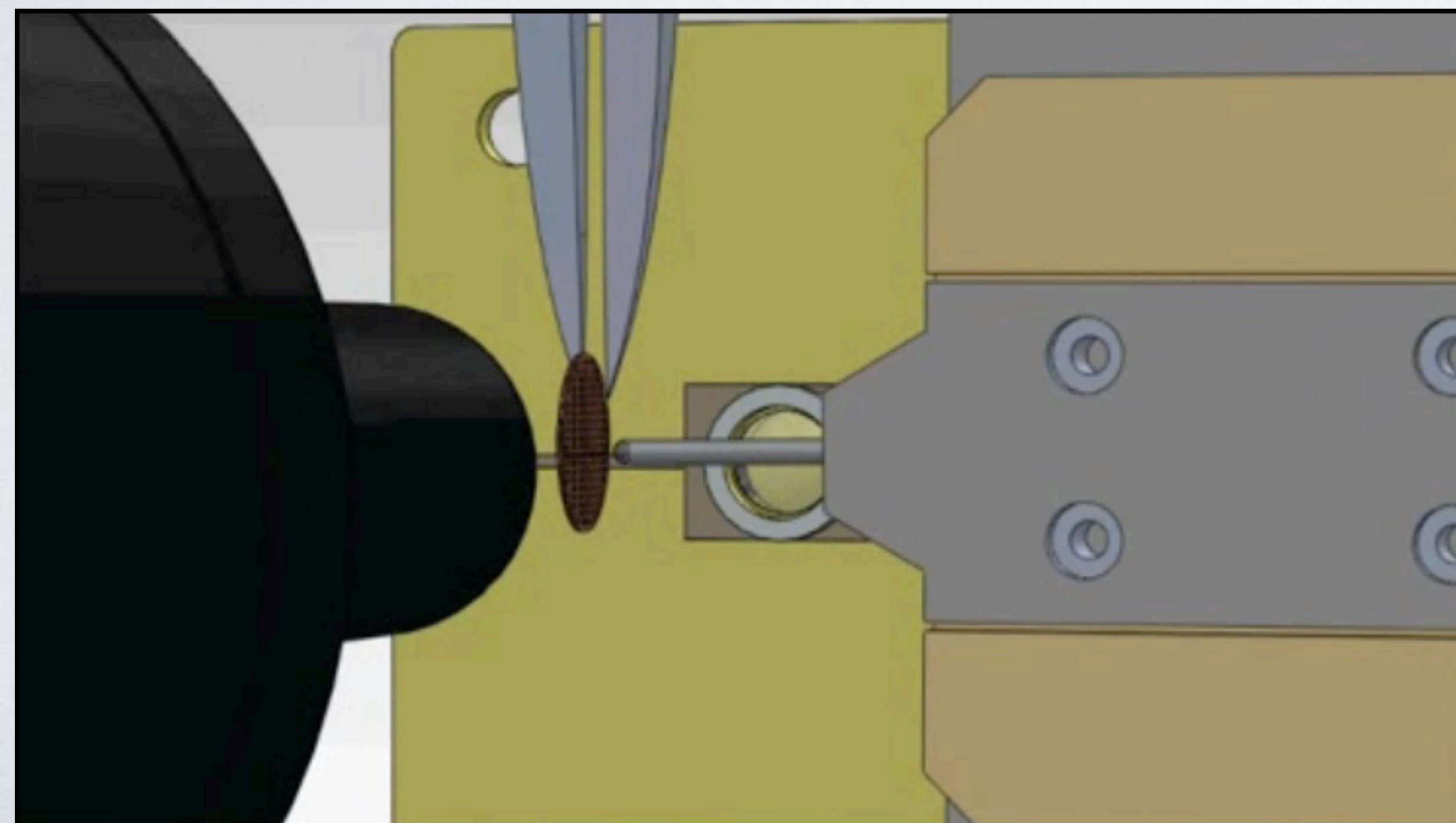
CRYO FIB MILLING



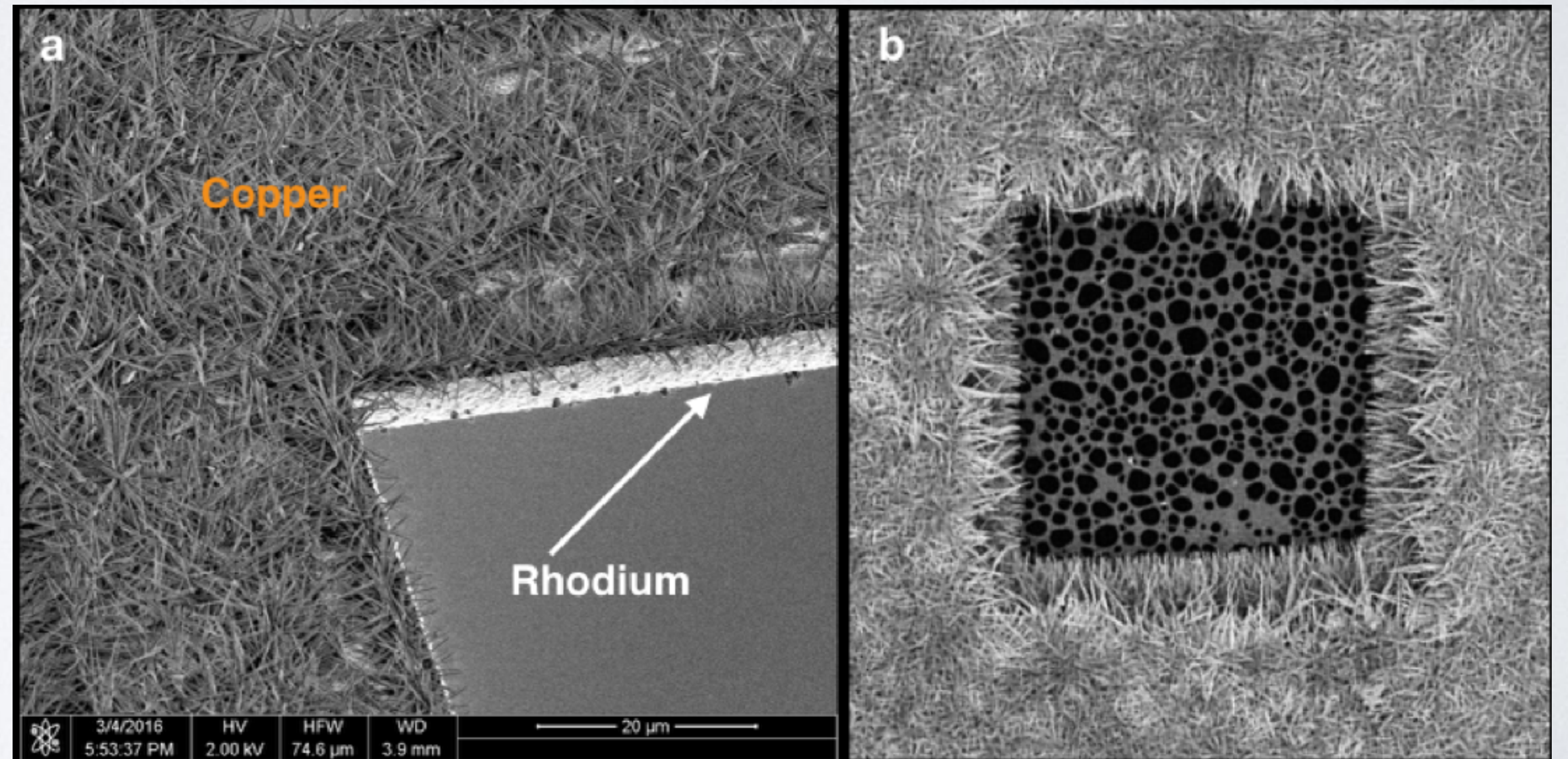
Scale bar: 1 μm



SPOTITON / CHAMELEON



NEXT GENERATION METHODS FOR SAMPLE PREPARATION





Sample preparation and support film practicals



HOLD

STOP